

# JOURNAL OF OSTEOPATHY.

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## DR. A. T. STILL AND OSTEOPATHY.

BY P. F. GREENWOOD.

There are men who seem created with a peculiar adaptation to some particular branch of science and to follow it as if by instinct. Yet there is enough in store to employ all such men as may ever live. Each plant has its parasite and each created thing its lover and poet. It would seem as if each waited, like the enchanted princess in fairy tales for a destined human deliverer. In the history of discovery each ripe and latent truth seems to have fashioned a brain for itself. Each material thing has its celestial side; has its translation through humanity into the spiritual and necessary spheres where it plays a part as indestructible as any other. Another beauty of science is that its range is unbounded, that there is room enough in its broad field for all discoveries that can ever exist. Not only does science give all scope for the imagination, and possess all the sublimity which belongs to poetry and eloquence, but its practical good is immeasurable and to its devotees we are indebted for all the conveniences and elegancies of life.

We cannot escape difficulty, whither we travel we have obstacles to meet. Difficulties invigorate the soul—I do not mean the difficulties of indolence and disobedience—these are withering, blasting curses; but the difficulties of industry and obedience.

That the brain of Dr. A. T. Still was fashioned for the purpose of unfolding, developing, practicing and teaching the science of Osteopathy, I have no doubt. To him the struggle has been hard and long. Difficulties have been present to confront him all along his journey, but he has from them gathered strength; concentrated all his forces and pressed forward and onward. Poverty, professional jealousy, doubting, distrustful public opinion, have all stood in his pathway. Despite all these he has given to science a discovery in the healing art heretofore unknown.

Whatever may be your opinion as to the merits or demerits of this healing art, does not alter the fact that there are many intelligent ladies and gentlemen who boldly affirm that they have been restored to health by him, without the use of medicines and that too, after their cases have been pronounced incurable by the best and most scientific prac-



DR. A. T. STILL.

tioners of the best medical schools.

Twenty years ago Dr. Still was scarcely known in this community. He can to-day count on his fingers ends the friends upon whom he then could call as friends with any assurance, that his requests would be granted. At that time poverty beset his pathway, but by hard study and perseverance he forged ahead; by reason of his great will power and determination to succeed he overcame all obstacles; little by little he climbed the rugged road. Dismayed at nothing, courting rather than shunning opposition from his professional brethren, he applied himself more assiduously to the practice and study of his favorite theme. At first he had not the means to furnish even an office, he practiced this great art in rather a peripatetic manner, visiting different localities in Missouri and Kansas. Soon his name began to be called by some in derision, by others in a doubting tone, and by a few in praise. Finally a few remarkable cures were made by him; some at his home and some abroad. By degrees he began to be appreciated, soon he found himself able to buy a home to shelter himself and family in Kirksville. Steadily and gradually has the reputation of Dr. Still grown and his practice has increased from that small beginning when the patients came to the house and were treated on the porch, on the lawn

or wherever a place could be found. Many an unfortunate has had a shoulder or a hip set, braced against a tree, and gone on his way rejoicing. It is related of a poor woman who came with a dislocated hip, that she had her hip set as she lay in the wagon which brought her.

As time went on he succeeded in arranging a few rooms in a cottage across the way, in which he and his sons could treat the sufferers who came to him. Others gathered around him to learn this new method, and soon a school was established. As the numbers were increased more assistants were required, until an efficient corps of operators have been educated to successfully carry on the business.

Another year passed by and the rooms first occupied were inadequate for the work; another move was made across the street to a larger cottage which was remodeled and additions made until there were ten rooms which are kept in constant use. And yet today they are over crowded—the necessities of the practice require more room which will soon be supplied.

On the 6th of August 1894, the 66th birthday of Dr. Still, the ground was broken for a large and commodious building which is now being pushed to completion as rapidly as men and money can do it. The new building will be constructed of brick, two stories high and a basement. The interior furnishings will be of natural wood. It

is to be furnished with a hot water heating apparatus, hot and cold water throughout, electric lights and all modern appliances for comfort and convenience. The building will be 38x88 feet. The first floor will be divided into office, reception and operating rooms. The second floor will be made into a large lecture room for general assembly purposes with smaller rooms for class use.

This building which may well be called the Temple of Anatomical Engineering, will be a fitting home for the future development of this great science.

While Dr. Still has secured by his industry, perseverance and application, a reputation in the healing art, that will live on through the cycling ages to come, yet he cannot be accused of using his special and peculiar knowledge for the mere purpose of accumulating wealth. While he has accumulated enough to lift him above want; he is in moderate circumstances only. Having overcome poverty himself, he has never forgotten the lesson it teaches. The suffering of a fellow being excites in his generous nature and manly heart, sympathy and kindly feeling—his hand and heart are always open to the poor. Situated as Dr. Still is and has been for the past five years; the ordinary man, would today count his wealth by hundreds of thousands. Yet it is true he cannot calculate his wealth beyond the first ten thousand.

In twenty years of his life, this one man has wrought a great change in our little city. Kirksville is known today by thousands who would never have known it had it not been for Dr. Still. He is doing more for Kirksville today through Osteopathy, to build it up and call people into our midst, than all other institutions combined. More money comes to us through this channel than all others. Do we properly appreciate this man? I fear not. Genius can only be distinguished from other gradations of mind by what is necessarily peculiar to it by the greatness of its powers.

The foundation of Osteopathy is solid, its cornerstone is truth, its superstructure is relief to afflicted and suffering humanity—without these it could not exist. For what he has done and the relief he has given to the human family, he has the thanks of his grateful patients and students. For what he has done and is doing for the home of his choice, all good citizens of Kirksville, ought ever be ready to accord to him and his discovery at least a truthful statement of his integrity, honesty and fidelity in all he professes to do.

'Tis a general fault "in physic" unhappy men as we are, we spend our days in unprofitable questions and disputations, intricate subtleties about "moonshine" in water, leaving in the meantime those chiefest treasures of nature untouched wherein the best medicine for all manner of disease is to be found.



**JOURNAL OF OSTEOPATHY.**

ISSUED MONTHLY.

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AUGUST, 1894.

Wonders are found by persons who cannot find wisdom.

A. T. S.

Osteopathy is a truth, without beginning or ending. Its law is not comprehended because it has not been studied to a finish. Its merits are as countless as the stars. Its application is as universal as all the motor laws of the whole universe. Its application and uses are as multiple as the infinite variety of all life—vegetable or animal.

A true diagnosis can be given only by those who understand the law of asphyxia. This belongs to the new method of solving the mystery of disease and death of a part or the whole of the body.

The most ordinary observer being divested of ignorance and intolerance, visiting the institution where we treat the afflicted, is constrained to say it is good to be here. We do not ask patronage, never have and never will. We kindly invite you to visit us, listen to our reasoning, decide for yourself. If you wish our services we will proceed to treat you, first with kindness, then with intelligence and honesty and lastly make reasonable changes for our services.

The long felt want in Kirksville of more accommodations for boarding Dr. Still's patients will soon be supplied. Two new houses are in course of erection on the west side which will furnish near and comfortable homes. H. M. Still is erecting a twenty room house which will be leased to responsible parties, and S. A. D. Murphy builds a house of ten rooms on adjoining ground. For the present strangers need not fear but they will be well cared for.

T. C. Still of Macon, Mo., a nephew of Dr. A. T. Still is the architect in charge of the new building. Though a young man he has gained a high reputation in his profession both in Missouri and adjoining states. The home for Osteopathy is in good hands.

It is possible though doubtful that medicines are admissible at any time—so say the sages and philosophers of the whole world of medical practice. Are they fools, or shall we heed their warning?

TO PATIENTS AND VISITORS.

A. T. STILL.

Upon presenting yourself at our office for examination and treatment, first secure a number from the file of cards which are put up in a conspicuous place in the waiting room. You will receive attention in the order in which the numbers are held. At the time of examination you will be requested to give a short history of your case, how long standing and what treatment you have had. You will soon find the Osteopaths use no drugs. They will look you over as an engineer would look over his engine, to see if it is in running order. If found out of fix, they adjust the machine and start it to running.

If a wheel, pulley, belt or any part is wrong, he goes to work adjusting, till all is corrected. An engineer who is ignorant, who does not know the use of all the parts of his machine is not a safe person to take charge of the lives behind his engine. Laws are enacted and exacted of him that he may be competent to fulfill the trust reposed in him, and that your lives may be safe when in his care. My students are required to pass a grade of 90 per cent in Anatomy before they are admitted to the operating rooms to take instructions in adjusting the human body for disease. This is no place for empty brag and foolish promises. You will find my operators are all well qualified engineers who know their business. We are not Gods, nor Christian Scientists, or Faith Doctors, nor Spirit Doctors, but simply Anatomical Engineers—we understand the human engine and can put it in running order, subject always to the laws of Nature.

If you come to us for treatment you come of your own free will, and not through any trick or scheme of mine or any of my helpers. Remember that when many of you come to me, you are not the most choice kind of patients. Remember the company you have kept before coming here. You have been with Doctors who blister you, puke you, physic your toe nails loose, fill your sides and limbs with truck from hyperdermic syringes. You come to me with eyes big from belladonna, backs and limbs stiff from plaster paris casts—you come with bodies suffering with all the diseases that flesh is heir to. Remember you have been treated and dismissed as incurable by all kinds of doctors before you come to us, and if we help you at all—we do more than all the others have done. And yet of all the various forms of affliction that have been treated here—75 per cent have been greatly benefitted and 50 per cent are sent home well.

I am not telling this to solicit your patronage. I claim this as the only place where man is looked upon and treated as an engine. Search the annals of history for the truth of what I say. This is no time to brag; let results speak.

My motto is "Help the needy, and deal justly with all." I am not going to "get rich or bust." I have made but one rule in life, "reason first, justice and humanity all the time." All persons claiming to be from my school, who can not show their papers as a student or diplomate in Osteopathy are imposters and are obtaining money under false pretenses.

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The little letter given below was received a few days ago. It was so unique in its way it was deemed sufficiently interesting to give to our many readers. A few days ago after returning home, little Sarah Adams, eight years of age, appeared before her sister with a roll of papers in her hand and the words "you know Dr. Still has done so much for me. I thought I'd write a composition about it." We give the spelling and all as in the original.

TAIL OF OSTIPY.

When I was a small child about two years of age, I had a very bad fever and my left arm left limp. We had very fine doctors and all of them said that my shoulder was not out of joint.

I am eight years old now and for 7 years my arm has bine out of plase. then I went to doctor Still and in one month of treatment he has put my shoulder in place and now is working to make the mussle groe. I am at home now and taking a vacation."

SARAH C. ADAMS,  
July 26, 1894. St. Louis, Mo.

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To Prospective Patients.

Those coming to us for treatment will save themselves much inconvenience by preparing for a somewhat longer course of treatment, than is usually done by the average patient. Very few cases can be safely discharged on less than one month's treatment, and longer time should be given in most cases. After the cause of the trouble has been removed the patient should remain under treatment for a time in order to more surely receive lasting benefit. Of course some cases are cured in a few treatments, some in a single treatment, but they are comparatively few. All should make up their minds to take just the course of treatment that may be prescribed at the time of their examination.

Business Department.

The business management of my affairs is in charge of H. E. Patterson, our well and favorably known fellow-townsmen, who has filled many positions of trust and honor, establishing a reputation for honesty, sobriety and justice. He has the entire confidence of the business men of Kirksville and vicinity.

A. T. STILL.

All trains coming into Kirksville are met by a representative of Dr. Still's institution, who will give strangers any information desired, and direct them to comfortable and convenient boarding houses.

Dr. H. M. Still has gone to Sioux City, Iowa, to make arrangements for placing some of their operators there for a few weeks in response to the great demand for Osteopathic treatment at that place.

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**FRED.**

We hate the word, "He is dead."  
It makes us to cry piteously, that we have lost our best,  
As in mind we call the endless roll of our loving dead,  
Our souls cry out in anguish, while our loved ones are at rest.  
One by one their forms appear: I cry again, "I love my dead."  
I view their faces each in turn, father, mother, my dear son Fred.  
Tears from my eyes from morn till night, adown my face as rivers flow.  
I ask and reason, "If he is not dead, where O, where, then did he go?  
"Dead!" "Dead!" "He is dead!"  
Why, O, my friends, please tell me why,  
When a friend is dead, "He did not die?"  
Like a philosopher, when dying, he said—  
When this "job" is done, I'll return, not dead."  
I hate the word, "He is dead, dead!"  
It may be true, but not with Fred.

A. T. STILL.

**What is Your Highest and Holiest Desire?**

Could this question be propounded to each responsible inhabitant of the many billions comprising the population of the earth's surface. I am very sure the answer would be though there were a latent or developed love for money in each; give me perfect health. Health, not for one day, but for all days; health that is enduring and abiding, that I may know when I lay down at the close of the day for a night's rest, that no waking may occur from pain or distress of any kind; that I will arise from refreshing rest with strength and health to fulfill the duties of the day. We as a nation today are asking what is the cause of so much suffering. We are learning that there can be no effect without there first be a cause. If you could be in Kirksville, Mo., and spend one day at Dr. A. T. Still's Osteopathic Institution and see the hundreds of people from adults to babes afflicted with all manner of disease and deformities, you would certainly be deeply impressed with the seriousness and sacredness of this question. What is the cause of all this?

We each one have been taught that there is a Supreme Creator. We know that we are here not of our own volition; that we have been ushered into existence, possessing both mind and body and are responsible to this Divine architect for our conduct, subject to laws over which we seems to have no control; well one day and sick the next and probably die the day following. My answer to this question would be, ignorance of the laws of God which govern both mind and body or man and his body. It is the result of wrong teaching through a false system of medicine and theology. The former claims to heal the body, the latter making equal claim to save or heal the soul. Both have failed. Man has ever striven and is striving to find a healing balm that will bring health to both soul and body, and now in the evening of nineteenth century, to have a man in an obscure, out of the

way place, who has, through searching and experiment found a method called Osteopathy which is really a mode of surgery, as far above and beyond modern surgery as the electric light surpasses the tallow dip, which constituted the only light of many of our ancestors. What is Osteopathy doing for humanity? Much, very much in every way. In fact everything which obstructs nature's work, and nature's operator is this Great Architect of the universe who is able to do His own work.

'Tis true Osteopathy is in its infancy and its discoverer, Dr. Still, recognizes it. He is ever reaching out for more light and intelligence. He has discovered that law governs and sustains all created things from the infinitesimal to infinity, that all we see is the outcome of this great law that when man understands it, is governed by it. Health the normal condition of man will be sustained and will be age-abiding.

Let creeds, doctrines and opinions both as a result of inheritance and education be laid aside and let us all grow in grace side by side, willing that experimental knowledge receive due recognition. That which is proven is true. And soon, very soon we will witness a repetition of the Master's healing, and a verification of His words, "and greater works shall ye do." The Kingdom of Heaven (or health) will be established upon earth as it is in Heaven.

LIZZIE E. WALKER.

**Osteopathy as a Profession.**

KANSAS CITY, Mo., July 6, '94.

ED. JOURNAL:—Since the American School of Osteopathy and the Science that it teaches has become such fixed facts in the scientific world, a great many people and especially the young, studious and ambitious are anxious to enter the school at the earliest possible date. Being a great friend to Osteopathy, as well as a friend to every one who desires to take up the science as a life study, the writer desires to give warning to those who enter the great work not to seek it for the sake of riches alone. A true Osteopath or the man or woman who would make an Osteopath must have a heart full of love and sympathy for suffering humanity. If this be not so all the artificial Osteopaths manufactured at this school and turned loose upon a confiding innocent people will prove as great a fraud to mankind as many of the licensed dispensers of drugs.

The eyes of the present generation, it appears, are unalterably fixed upon the almighty dollar and just as surely as the student enters the American School of Osteopathy with his thoughts fixed upon gold just that surely will

his mind NOT be fixed upon the science which must be mastered before any returns can be expected. Of course there must be at least a livelihood in any vocation of life, but the absorbing thought of acquiring riches is the darkest, most dangerous cloud that ever crossed the zenith of any profession. On entering the American School of Osteopathy the student, in the writer's judgment, should obliterate from his mind that thought of all dangerous, hurtful thoughts—the thought of only getting rich out of his chosen profession. Seek first knowledge, then will riches be added unto you.

Osteopathy offers to the true soldier in its great army of followers two of the greatest inducements ever presented to the mind of man. First, the love and thanks of all the rest of mankind with whom he comes in contact, and second, one of the most pleasant, profitable and lucrative professions that has been man's privilege to follow.

The first cannot be attained by keeping the mind fixed on the last and the last will never come to pass unless the first be accomplished with a deep desire to relieve suffering humanity and a strong determination to master the science to the utter exclusion of every other thought. This will bring about the desired result—nothing more, nothing less and nothing else. It is not only so with Osteopathy, but it is equally true with every profession pursued by man. Its advocates and followers must be deeply and desperately in love with the profession chosen or their lives will end in a conspicuous failure.

Suppose that Dr. Still, when Osteopathy first presented its grand truths to him in their crude shape, had at once fixed his mind upon the accumulation of riches, do you, my dear reader, suppose for a moment, that the science of Osteopathy would today be leading all others in the relief of human ills? Think of the many years of ceaseless toil, sleepless nights and weary days this man has spent, and all for the great love he has for humanity. Not a day, not an hour, not a moment of his time did he waste thirsting for miserable pelf. All of his time was occupied in the pursuit of the science he loves so well. Nothing daunted him and nothing discouraged him. Onward and upward was the watchword of his march till to-day he stands an emblem of human love and a fearless giant armed with the science of Osteopathy to fight down human ills.

The writer does not mean to convey the idea that it will require the same length of time for a student to master this science, for Dr. Still has blazed the way that lovers of this cause may follow in his footsteps and in a comparatively short time be near the goal of happiness and prosperity he occupies to-day.

J. B. D.

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The following from the St. Louis Republic speaks for itself. It shows that the trend of thought of many of the intelligent people to-day is directly in line with Osteopathy—the drugless science of healing.

**CONDEMNNS MEDICINE.**

In a Paper Read Before the Christian Ministers He Quotes from High Authorities to Sustain His Assertion that Medicine Kills More People than War or Pestilence.

Rev. W. F. Ross startled the Christian ministers at their meeting yesterday when he read his paper with the innocent title, "Ye Shall Know the Truth and the Truth Shall make You Free." The title of the paper was not, however, an index to its intent. The paper contained a severe ex-coriation of the practice of medicine as at present in vogue and almost denounced doctors as charlatans and frauds.

Mr. Ross is himself a student of medicine and is taking a course at the Marion Sims' College, preparatory to take the field as a "doctor missionary," so that he can minister to the ills of the soul and body at once.

Mr. Ross began his paper with a plea for all humanity to know the truth, and quoted Scripture frequently. His discourse brought him to explain his own determination to adopt medical missionary and then he launched out upon the doctors, not hesitating to call them by name.

"The year just closing," said he, "I attended the Marion Sims College, which is a regular allopathic drug school. Dr. A. C. Bernays, one of our professors, who has not only a national but an international reputation, said to our class of 174 students: 'Of course, you young doctors will go out and give plenty of drugs, but I want to tell you that 98 people out of every 100 who call in a physician would get well if they did not take a single dose of medicine. \* \* \* To give drugs to a well man is very wrong, but to give drugs to a sick man is nothing short of a crime.'"

He then quoted from noted physicians to sustain himself.

"John Mason Good says that the effects of medicine on the human system are in the highest degree uncertain, except that they have destroyed more lives than war, pestilence and famine combined. Dr. Thomas Inman says that men like horses or tigers, monkeys and codfish, can do without doctors. It is the business of such men, however, to magnify their office to the utmost. Prof. Mogendi says that 'Doctors do devilish little when they don't do harm. Dr. Marshall Hall, F. R. S., says that 'thousands are annually slaughtered in the quiet sickroom.' Sir

Ashley Cooper remarks that the science of medicine is founded on conjecture and improved by murder."

The reverend gentleman had several more authorities at his command, which he cited to show that the practice of medicine was but chicanery. Then he referred to the Bible, quoting several passages, which condemned it, as he claimed.

Commenting upon his authorities, the speaker said:

"These men are the leaders of their profession. They are the medical giants. If we cannot accept their testimony, how can we accept the conclusions of the lesser lights? It is the universal teaching of the leading physicians and surgeons to disparage the use of drugs and trust to nature and hygiene.

The diseases treated successfully by Osteopathy are those resulting from an abnormal condition of the nerves, blood vessels, or other fluids of the body caused by partial or complete dislocation of the bones, muscles or tissues. The following list of diseases, with many others, have succumbed to Osteopathic treatment, often when all else has failed: Brain Fever, Cerebro-Spinal-Meningitis, Headache, Granulated Eyelids, Dripping Eyes, Pterygium, Dizziness, Polypus of Nose, Catarrh, Enlarged Tonsils, Diphtheria, Croup, Whooping Cough, Asthma, Pneumonia, Hay Fever, Goiter, Indigestion, Lack of Assimilation, Torpid Liver, Gall Stones, Neuralgia of Stomach and Bowels, Constipation, Dysentery, Flux, Piles, Fistula, Irregularities of the Heart, Kidney Diseases, Female Diseases, Rheumatism and Neuralgia of all parts, Atrophy of Limbs, Paralysis, Varicose Veins, Milk-leg, Measles, Mumps, Chicken-pox, Eczema, Fever or Coldness of any part of the system and Nervous Prostration. Osteopathy knows no compromise with disease, because it depends and works upon the laws of nature.

At the earnest solicitations of many patrons and friends Dr. Still has sent out both his first year students and his graduates to give those who are unable to leave home an opportunity to receive the benefits of Osteopathy. Elbert Rickart and J. A. Boyles are at Centerville, Iowa, S. R. Landes, G. W. Tull and Dr. James Still at Trenton, Mo., Dr. E. C. Still and J. H. Osborne are at Centralia, Mo., E. C. Pickler and Audrey Moore are gaining many friends for Osteopathy at Platte City, Mo., and Mr. and Mrs. E. D. Barber have gone to their old home at Lewis-town, Mo., to introduce the new science among their old friends and neighbors.

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No. 5. Through Freight ..... 3:06 a m  
No. 7. Local Freight arrives 12:45 p m  
leaves 2:15 p m

GOING EAST.

No. 2. Mail and Express ..... 8:45 p m  
No. 4. K. & Q. Express ..... 7:30 a m  
No. 6. Stock Express ..... 8:45 p m  
No. 8. Local Freight arrives 11:30 a m  
leaves 12:45 m

**B. F. LAMKIN**

The old reliable Phoenix Dry Goods Man of Kirksville, Mo., is wide awake and the first in the field as usual with a new and carefully selected Fall and Winter stock of the highest quality.

**Dress Goods.**

Our line of Dress Goods is wonderful in collection of Elegant designs, and fabrics of the newest and most popular fashions and sure to please the most fastidious.

**Headquarters**

On Trimmings, Corsets, Gloves, Handkerchiefs, Hosiery and Stylish Novelties in everything.

**Fine Shoes.**

Drew Selby & Co's fine custom made Shoes for Ladies, Misses and Children. All kinds, sizes and styles from A to EE. Only complete line in town.

**Underwear.**

Hats, Caps, and Gents furnishing goods. Desirable Goods and Low Prices. Give us a trial.

B. F. LAMKIN.

**B. H. LOWENSTEIN,**

— THE —

CLOTHIER,

TAILOR,

HATTER,

— AND —

Outfitter of Mankind,

S. W. CORNER SQUARE.

KIRKSVILLE - MISSOURI.

— FOR —

Fruits, Confections and Cigars,

— PATRONIZE —

SHOLLEY'S CORNER.

**GOLE & SMILEY**

— East Side —

Hardware <sup>A</sup> <sub>D</sub> Furniture

— DEALERS —

Largest Stock and Reasonable Prices. Undertaking and Embalming.

**R. G. COMBS,**

Wholesale Shipper of

**Live and Dressed Poultry,**  
BUTTER A SPECIALTY.

KIRKSVILLE - MISSOURI.

**WABASH TIME CARD.**

GOING SOUTH.

No. 2. St. L. & K. C. Mail 10:09 a. m.  
No. 8. " " Exp 12:04 a. m.  
No. 22. Local Freight . . . 1:11 p. m.  
No. 98. Through Freight . . 11:52 a. m.

GOING NORTH.

No. 3. Ottumwa Mail . . . 4:56 p. m.  
No. 7. Des Moines & St. P. Ex. 3:30 a. m.  
No. 21. Local Freight . . . 11:50 a. m.  
No. 97. Through Freight . . 7:45 a. m.  
7 and 8 daily. 2 and 3 daily except Sunday. 97 and 98 carry passengers Sundays only.