

# **Osteopathic Truth**

**July 1920**

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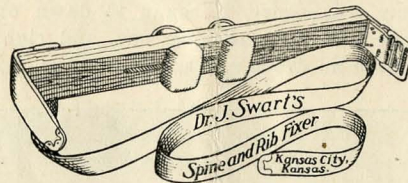
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# Osteopathic Truth

A MONTHLY MAGAZINE FOR THE OSTEOPATHIC PROFESSION



Osteopathy deals with the body as an intricate machine which, if kept in proper adjustment, nourished and cared for, will run smoothly into a ripe and useful old age.

As long as the human machine is in order, like the locomotive or any other mechanical contrivance, it will perform the functions for which it was intended.

When every part of the machine is adjusted and in perfect harmony, health will hold dominion over the human organism by laws as natural and immutable as the law of gravitation.

Every living organism has within it the power to manufacture and prepare all chemicals, materials, and forces needed to build and rebuild itself, together with all the machinery and apparatus required to do this work in the most perfect manner, producing the only substance that can be utilized in the economy of the individual.

No material other than food and water taken in satisfaction of the demands of appetite (not perverted taste) can be introduced from the outside without detriment.—Dr. A. T. Still.



## WAGON STRAP IS AID TO DISCOVERY OF OSTEOPATHY

### Incident is Detailed as Tribute Is Paid Founder of the Science

The conception of osteopathy through the use of a civil war "saw-bones" of a wagon strap as a rest for his tired neck was recalled today by the American Osteopathic Association at exercises memorializing the founder of the science, Dr. Andrew Taylor Still.

His life was eventful even before the night when, worn out with his work at a dressing station, he crawled under a wagon, slung his neck in the loop of a strap in a desperate effort to rest and found that by a lucky pressure of the leather against his vertebrae his headache was relieved.

He had his medical education under his father, who traveled about the country dispensing purgatives to the whites and gospel to the Indians.

### Upsets Faith in Drugs

The younger Still knew even more of medicine than his doctor-preacher parent, but his faith in drugs began

to wobble with the first vision of mechanical therapeutics revealed to him by the wagon strap.

Shortly after the war, while Dr. Still was digging out the fundamentals of his new science, three of his children died suddenly of spinal meningitis. Medicine had been futile and he turned bitterly against drugs.

He went back among the Missouri Indians he had known when he traveled with his father. The camping grounds provided his laboratory. In spite of the best efforts of the medicine man the tribesmen passed away at a rate that kept Dr. Still well supplied with specimens for anatomical research. In four years he took apart several hundred braves and diagrammed their fabrication for the first works on the new science.

### Fights Against Slavery

Then he went back to Kansas, where, as an intimate of John Brown and a member of the first free soil legislature, he had taken much of a part in the "bleeding." On June 22, 1874, a date cherished by osteopaths, Dr. Still proclaimed his new belief. His assertion was brief.

Drugs, he said, were useless. God intended the body to care for itself, without the aid of medicine.

In those days "medicine" meant generally purgatives and whisky, and Dr. Still was the "Pussyfoot" of his community. His brother and his friends scoffed.

### Aids Baker University

Dr. Still then donated the land for Baker university at Baldwin, Kan., and offered to lecture on his new methods of healing. The professors barred the lectures.

Osteopathy's first success as a means of healing was in 1888. Two years later Dr. Still founded his school at Kirksville, Mo. Today the osteopathic association reckons 6,000 practitioners and ten million patients.

Dr. Still's daughter, Dr. Blanche Still Laughlin, and his son, Dr. Harry Still, both osteopaths, of Kirksville, were at the exercises today. Moving pictures taken of "the Old Doctor" just before he died, Dec. 12, 1917, were shown, and a program of exercises glorifying his achievements was given. —The Chicago Evening Post, June 30.

"Drs. Fred E. and Hezzie C. P. Moore of Portland, Oregon, now in the fifth year of their Sanitarium work, will use this space to tell the Osteopathic Profession about their work. The Moore Sanitarium is to occupy a splendid new building which will permit of its growth."

# Osteopathic Truth

A MONTHLY MAGAZINE FOR THE OSTEOPATHIC PROFESSION

Pledged to the TRUTH which Father Andrew saw,  
No favor sways us, and no fear shall awe.

Volume IV

JULY, 1920

Number 12

## The Convention is Over—Chicago Scores Another Hit in Handling the Crowd

Dr. W. E. Waldo Elected President

Cleveland Chosen for Next Year—July 24th to 28th

### OFFICERS FOR 1920-1921

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Dr. Canada Wendell.....Peoria, Ill.

**Vacancy—Dr. F. H. Smith, resigned**

Dr. W. C. Montague..Evansville, Ind.

The convention is over and another year's work is begun. Dr. Carl D. Clapp of Utica, N. Y., the man responsible for the program, did himself proud. Eight sections were in operation at the same time each afternoon, namely: Anatomical, obstetrical, surgical, gastro-enterological, nervous and mental diseases, gynecological, eye, ear, nose and throat, and technic. We will all attest that it takes a master hand to govern an eight ring circus and keep it running smoothly.

#### Morning Sessions

The general or morning sessions were usually started with Technic at eight-thirty in the Hotel and then the papers were read and discussed in the Olympic Theatre, across the street

from the Hotel Sherman. The arrangement was ideal as it gave everyone an opportunity to see and hear the speakers without any discomfort in the least. The theatre was at all times cool and roomy.

The morning programs were carried out practically according to schedule. Dr. H. V. Halliday's demonstration of the sacro-iliac movement was a feature of the Monday morning program. Wednesday morning featured the Memorial to Dr. Andrew Taylor Still, followed by the de-mobilization of the Service Flag. Mr. Walter E. Moss, an attorney of Chicago gave the address in honor of those represented upon the flag.

#### Afternoon Sessions

The eight sectional programs were all of much interest and many of the doctors had to choose between two or three lectures or demonstrations which they would like to attend at the same time.

Dr. H. V. Halliday, the author of "Applied Anatomy of the Spine" conducted each afternoon a most instructive anatomical section. Dr. Halliday had prepared a complete body with all the ligaments intact, a pelvis showing the motion between the innominates and the sacrum, and five spines with the ribs attached. Dr. Andrew Taylor Still, our illustrious founder, has oft repeated that we should study anatomy. In the company with these prepared specimens each of our doctors should be able to perfect his adjustive technic. Seeing is believing.

All of the other sections vied with

each other for the division of honors in attendance. It was a great pleasure to note the great interest in Obstetrics. Every day saw a crowd, too large for the room, in attendance. As we begin to usher into this world the oncoming generations in a way that no other class of physicians ever can we not only enhance our own position as a profession but we hasten the day when the other professions take a seat farther back in the band wagon.

#### The Evenings

Monday evening was the reception and ball. This affair was in charge of Dr. Grace Smith and her committee. The evening was enjoyed by all present, old acquaintances renewed and new ones made.

Tuesday evening the Women's Bureau of Public Health conducted their usual public meeting, Dr. Josephine L. Pierce serving as chairman. The Colonial Theatre was used for this purpose as the Olympic Theatre where the morning sessions were held was in use by a show. Lynn H. Hough, President of Northwestern University, who was to be speaker of the evening, was confined to his bed and his place was most ably filled by Dr. Howard Agnew Johnston, former pastor of the First Presbyterian Church of Chicago. Miss Anna Burmeister, soprano, furnished the musical numbers. Mr. Frederick Schanwecker was the accompanist.

Wednesday evening was banquet night. The program was as follows:

Toastmaster, Dr. Hugh L. Russell.  
"Some Patients I Have Met," Dr. Clarence V. Kerr.

"Where We Get Off," Prof. Harold G. Moulton (Chicago University).

"The Women's Bureau of Public Health," Dr. Ethel Louise Burner.

Moving picture of Dr. A. T. Still.

"Andy and Min Gump as Osteopaths," animated cartoon by Sidney Smith.

Prof. Moulton changed his subject to "Economic Osteopathy" and likened Osteopathy to Economics. The address dealt with world conditions and was intensely interesting particularly with reference to his understanding of the fundamental principles of our science. Prof. Moulton believes that surgery and osteopathic adjustment are needed in the world re-adjustment.

Thursday evening was Fraternity night. The Atlas Club, The Axis Club, The Theta Psi, The Iota Tau Sigma, The Delta Omega, and The Kappa Psi held their annual re-union dinners during the evening.

#### Wednesday Afternoon

Wednesday afternoon was given over to trips to Armour and Co., Swift and Co., and Sears, Roebuck & Co. A trip through any of the three plants is almost worth coming to Chicago to see, without another object. We appreciate the courtesy of these concerns.

#### Newspaper Items

The newspapers were very liberal considering the fact that the Democratic Convention was in session and that the Elks were to invade the City on July 3rd. We re-print one or two of the articles. The Chicago Post gave us the greatest amount of space and excellent positions.

#### R. K. SMITH RESPONSIBLE

Dr. R. K. Smith, assisted by the local press committee with Dr. O. C. Foreman as chairman, are responsible for the excellent newspaper publicity the convention received.

#### KANSAS CITY COLLEGE RECOGNIZED

At the annual meeting of the American Osteopathic Association recently concluded in Chicago, full recognition of the Kansas City College of Osteopathy and Surgery was accorded by the Board of Trustees. The Department of Education reported very favorably on the work of this college. The college has successfully closed its fourth year of work and the proposed erection of its new college building will be succeeded by the erection of a hospital of 100 bed or more capacity.

#### SERUM OBSOLETE, SAYS OSTEOPATH AT CONVENTION

##### Declares Lymph Glands Can Fight Own Battles

The serum theory of the orthodox medical world was attacked as obsolete yesterday by Dr. C. E. Miller of Bethlehem, Pa., a delegate to the convention of the American Osteopathic Association, in progress at the Hotel Sherman. He declared osteopathic treatment of the lymph glands made the laboratory manufacture of serums unnecessary, because the lymph itself would act to offset the activities of germs.

"Why spend time making serum in laboratories when the human laboratory, through the lymph, can accomplish the same work in a much shorter time?" he remarked. "Treatment of the lymph glands should show results in diseases such as pneumonia, influenza, diphtheria, and typhoid."

##### Race Is Growing More Healthy

The civilized world is becoming more healthy daily, in the opinion of a majority of the 3,000 delegates attending the session. Proper care and knowledge of the body is changing things.

Disorders in the gastric and intestinal tracts result in 90 per cent of illnesses, in the opinion of Dr. James A. Cozart, another delegate.

"At least 75 per cent of the American's ill health is caused by constipation," he said. "More people are killed by overeating in a day than are starved to death in a month."

##### Sleeping Sickness Cure Claimed

A cure for sleeping sickness by osteopathy was offered by Dr. James Frazer of Evanston. Another cure, for glaucoma, a supposedly incurable ailment, was brought forward by Dr. James D. Edwards of St. Louis. Dr. H. V. Halliday of Kirksville offered a solution to keep the cartilage of the spine in a good condition even after death.

—Chicago Tribune, June 29.

#### Dr. Leonard V. Strong Jr. and Miss Dorothy Wilson Wed

Dr. Leonard V. Strong Jr., son of Dr. L. V. Strong of Brooklyn, N. Y. and Miss Dorothy Wilson, daughter of Dr. Emily G. Wilson of Boston, Mass., were married in Chicago on the day of Dr. Strong's graduation from the Chicago College of Osteopathy. Miss Wilson was a student of the Chicago College.

#### NEW JERSEY BULLETIN

The "Newark District Osteopathic Society" is now a fact. They held their first annual meeting at the Hotel Robert Treat on Saturday evening, May 15, 1920. They propose to conduct a campaign of advertising Osteopathy. They propose, provided our State Society will co-operate, to make Osteopathy so well known in New Jersey that two years from now every citizen will know that it is not in the Kiro class.

When we think of the Kiro success both in office and legislature, we know that every Osteopath in New Jersey ought to be so busy as to have to turn away patients. It is possible. How? Simply by letting more people know what Osteopathy can do. The Kiro proved that. They did it by making a big noise. So far we have worked together so ineffectually that our only noise has been a squeal. This meeting will indicate how much you intend to help us change the character of the squeal.

We could have a State Society with 350 live members. Instead we have a little over one hundred and a large per cent of these simply pay their dues after being coaxed.

We start something every year and it usually ends in failure because only a very few work. This year North Jersey will do things. That we are sure of. All Jersey could do things if the N. J. O. S. would wake up. Bury your knockers and come to the June meeting. Something about how we are to proceed successfully will be presented for your approval.

One thing is sure, namely a \$200,000 hospital this year in Newark. If you will work we can pass a law that will permit Osteopathic surgeons and specialists to practice in that hospital. If you work we can put students in our schools, books in all our libraries, news articles in all our papers, Osteopathy in the minds of every one and a feeling of success and well-being throughout our profession.

New Jersey has a state meeting once a month. Why do not some states try the plan? A short snappy program is the rule.

#### Dr. O. W. Barnes on Missouri Board

Dr. O. W. Barnes of Jefferson City, Mo., was recently appointed by Gov. Gardner a member of the State Board of Osteopathic Examiners, to take the place of Dr. F. M. Shouse of Mexico, whose term has expired.

**WASHINGTON OSTEOPATHIC ASSOCIATION**

**TWENTIETH ANNUAL MEETING**

**Tacoma Hotel, "Stone Room,"  
Tacoma, Wash.**

**Friday, July 9th, 1920**

**10:30 A. M.**

Call to order by President

.....Dr. W. E. Abegglen, Tekoa

Invocation Announcements

**11:00 A. M.**

President's Address

.....Dr. W. E. Abegglen, Tekoa

**11:30 A. M.**

Oral Infections

.....Dr. A. B. Cunningham, Seattle

**12:00 M.**

Intermission for Luncheon

.....Tacoma Hotel

**1:30 P. M.**

Announcements.

**1:40 P. M.**

A Fat Forming Breakfast and What Metabolism Is

.....Dr. A. M. Laughney, Kirkland

**2:00 P. M.**

Constipation in Children

.....Dr. Mabel Hockom, Tacoma

Discussion led by

.....Dr. F. J. Feidler, Seattle

**3:00 P. M.**

The Necessity of Osteopathic Hospitals

.....Dr. F. B. Teter, Davenport

**3:30 P. M.**

Some of Our Biggest Problems

.....Dr. E. A. Archer, Pullman

Discussion led by

.....Dr. J. E. Hodgson, Spokane

**4:30 P. M.**

Report of A. O. A. Convention

.....Dr. W. E. Waldo, Seattle

**6:30 P. M.**

Dinner Tacoma Hotel

**Saturday, July 10th**

**9:30 A. M.**

Business Session—Report of Secretary, Report of Treasurer, Report of Committees, Consideration of Legislation and other business of interest, Election of Officers.

**12:00 M.**

Intermission or Luncheon, Tacoma Hotel.

**1:30 P. M.**

Osteopathic Technique

.....Dr. E. R. Lyda, The Dalles, Ore.

This is to be a practical demonstration, where every member of the Association will have the privilege of applying the corrective movements as taught by Dr. Lyda. The entire afternoon will be given over to this instruction.

**Dr. J. D. Edwards and Miss Black Wed**

The Chicago newspapers gave Dr. J. D. Edwards of St. Louis a nice write-up about his addressing the A. O. A. convention and in the midst of it remarking, "You'll pardon me, gentlemen, but I have an important engagement to marry my surgical nurse. I'll finish my speech on care of the eyes later."

Dr. Edwards and Miss Clementine Black, also of St. Louis, were married at the home of the Rev. William R. Wedderspoon, 5418 Woodlawn Ave. They expect to make a trip to Europe.

**LOCATIONS AND REMOVALS**

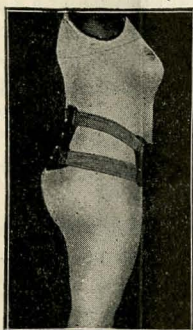
Dr. J. M. Voorhies has removed his office from Romeo, Mich., to Rochester, Mich.

Dr. Robert E. Schaefer has located for practice in the Gillispie Bldg., at 4601-4611 Broadway, Chicago.

Dr. T. G. Billington has located for practice in Bristow, Okla.

Dr. H. A. Braithwaite has opened an office at 1605 E. 67th St., Chicago. This office is in addition to the loop office at Suite 1205 Stevens Bldg.

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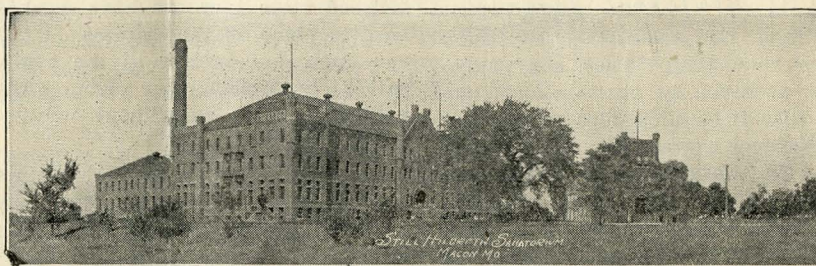
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Superintendent

# “Undoing What We Have Done”

Murray Graves, D. O., 420 Barth Bldg., Denver.

For almost 50 years Osteopathy has forged steadily ahead as a manipulative system of healing, based on the sciences which are the ground work of all scientific schools of practice, and, many are the operations that have been made unnecessary by the strict following of the principle of “upon structural integrity depends proper functioning.”

We see and hear the cry for more osteopathic students, and in the next instant we read where a successful meeting has been held of (operative) ear, eye, nose and throat osteopaths, which is doing one thing only to osteopathy, viz., steadily and certainly producing anemia of our science, osteopathy, by bleeding it of its best life blood. As fast as we do, some body undoes. We then read of hospitals being builded or bought under the name of osteopathy, yet bearing not even the name osteopathy, and all we need do is investigate and we will find the true reason. Sometimes, an osteopathic surgeon, generally a graduate of some medical school, loses his right to practice in the already established hospitals where he has been permitted to practice, and then he turns to the osteopathic profession as a last resort, to help build him a place to carry on his work of making surgeons out of osteopaths. Really this section last year took 75 per cent of the Chicago A. O. A. Convention time. I felt that it would not be so bad if these men would go about their business and not try to run a school or clinic. God knows their weakness better than they. They copy Mayo Bros. as much as possible and then advertise it as their idea and call it an efficiency course. This same course being in every sense a paradox on the “Get a student” idea for the osteopathic schools. We get the student, graduate him an osteopath and this gang get hold of him and make an osteopathic (spectacle man) or as they would have him believe, a specialist out of him. The idea seems to cut out an organ before somebody else does and **get the money**, which is the efficiency part of the course. You never hear a word about good osteopathic technic and never will; it's the great big idea to get away from osteopathy as much as possible; show some modern or old surgical technic and call it new osteopathic surgery.

Why not follow the osteopathic idea of its founder, Dr. A. T. Still. See how many surgical operations can be avoided and make a place that can never be filled in the hearts of grateful humanity for osteopathy. This is true efficiency. We do not have to travel far to find a loyal, true blue, D. O. who is doing all he can to make osteopathy a complete system of practice, and is getting along fine, but while you are looking at his good work you will find on investigation, some who have turned their whole attention to undoing what he does, as fast as they can.

Now, osteopaths, what's the use of beating around the bush? Let's call things by their right names and solve these problems. When a man ceases to practice osteopathy, ask him to resign his membership in all osteopathic associations, that is, if he is in the business of treating the sick. Then we will have no trouble about the policy of the A. O. A.

Let the efficiency bunch paddle their own canoe. All of these people would have been hopping clods, had it not been for Daddy Still's idea. All got their start practicing something they did not believe, and were trying hard to get away from. This same class of people are the ones who urged the mixed boards of examiners on the profession so their new specialists could practice **broader osteopathy**, as they call it. They are undoing a number of good state laws we have worked hard to place on the statutes. I tell you, men and women of the osteopathic profession, our trouble is **within**, as much as **without** our science.

It would be better for us were we limited to the osteopathy we knew in 1896 to 1900, than to have such things happen as happened in Pennsylvania when a broader osteopath was arrested for giving drugs and convicted. Without malice, the death penalty would have benefited osteopathy in this case, or even for life, would have made a few **broadminded** osteopaths think a little. We have the greatest of all healing agencies at our command, osteopathic principles. Why dig deep into the junk of an unpopular practice hoping to find some adjunct to help out an already proven science? Now let's practice

pure ten fingered osteopathy and watch our practice grow, and we need not fear the future of our science, osteopathy. Build on the rock foundation, laid by our founder. **It hasn't changed.** Believe, Work and Prove to yourself that upon the “structural integrity depends correct functioning” and let efficiency courses and other practices outside the realm of osteopathy alone. Study osteopathy 12 months a year and in time you will be a real osteopath. Don't worry about how the other fellow in some other practice does it. Do it osteopathically which means the sensible way and in accord with natural laws and your work will stand as a monument to you and your science, osteopathy. Try it this year and you will want nothing better.

## CLINIC REPORT FOR THE YEAR IS SUBMITTED

### Dr. F. E. Dayton Makes Report to the Woman's Club

The annual report of the free Osteopathic clinic conducted by Dr. F. E. Dayton, for the fiscal year ending on May 22, was submitted yesterday to Mrs. W. R. Smith, chairman of the Clinic Committee of the Escanaba Woman's Club. The report shows that during the past year 65 cases were treated at 94 meetings of the clinic during the period covered by the report.

#### Figures Are Given

The attendance at the clinics in June of last year was 119, treating 28 different cases. In July the attendance was 64 with 7 new cases; August attendance 56, new cases 5; September attendance 52, 2 new cases; October 81, 4 new cases; November attendance 65, 2 new cases; December attendance 54, 4 new cases; January attendance 46; February attendance 45, 7 new cases; March attendance, 47, 3 new cases; April attendance 24, and May attendance 37, with 3 new cases.

The report says:

“The great improvement in several cases of partially deformed, or limited usefulness, children is perhaps the most gratifying thing in the work of the year.

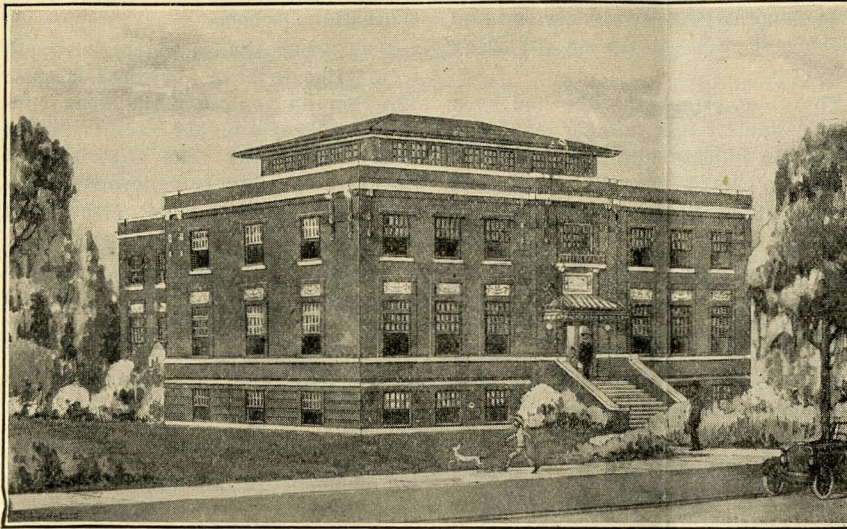
Fighting the tendency to stoop shoulders, faulty postural defects, is the first and greatest weapon against invasion of the T. B.

Greater lung capacity means better blood. No bacteria can grow and multiply in a normal blood stream.”

—The Morning Press, Escanaba, Mich., May 27, 1920.



# The New Home of the Kansas City College



Plans and specifications are now complete for the \$60,000.00 building which will house the Kansas City College of Osteopathy and Surgery when the college session opens this fall. Much care has been devoted to the planning of this new monument to the memory of our revered founder—a committee of experienced school men spending much time with the architect as the plans were developed.

The main building will be 42x64 feet with a wing 30x40 feet. The structure will be of brick and reinforced concrete throughout and will consist of two stories with full exposed basement. In addition a large room, 28x38 will surmount the whole—this room to be used for dissection. This room will have windows on four sides so as to secure full benefits of light and ventilation.

The main floor will contain two large lecture rooms, reception room, private and general offices and ten treatment rooms. On the second floor will be found ample chemical and microscopic laboratories, lecture rooms, large auditorium and rest rooms. In the basement will be an up-to-date heating plant, a recreation room, men and women's rest rooms, storage facilities, a fire-proof vault and a room for minor surgery. In the basement wing will be a number of treatment rooms.

Annexed to the surgery room in the basement will be a unique feature of this college home—a commodious kitchen provided with all the necessities incident to the culinary art.

For be it known that when either the faculty or Board of the college meet for the transaction of business, they

are fed well by student volunteers and thus approach the evening's business without the vexations of an extra trip to town or the alternative of eating the evening meal in a restaurant.

Having met all the conditions of the A. O. A. the Kansas City College of Osteopathy and Surgery was granted recognition at the recent meeting of the Association in Chicago and now proposes to enter an active campaign of expansion which includes, beside the college building, the financing of a hospital of at least 100 beds. Active work toward the hospital is held in abeyance only until the burden of building the college is taken care of. The college building is being financed by a sale of \$60,000.00 in ten year first mortgage bonds bearing six per cent interest. About half of these bonds have been sold to date.

## OTTARI

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## Osteopathy and Drugs

M. C. Hardin, D. O., Atlanta, Ga.

In this issue we have referred several times to the controversy about the use of drugs in our practice. One side says of the other that its "ten-finger" conservatism brings us into disrepute among the public and scientific men, while the other side retorts by saying that we are running into the full drug practice. A great deal of this stuff is nothing but a display of politics many times, one bunch trying to keep in while the other is trying to "turn the rascals out." But when it comes to putting a full course of drugs into our schools and teaching the whole of *materia medica* under the pretext that it is necessary in order to get a "full" license to practice as a "doctor" in the state, we feel that the time has come to call a halt upon such a school and such a movement. There has never been in the history of the human race an instance where "reformers" undertook to reform a movement by joining the enemy, that ever resulted in anything but the killing of the reformation. When one goes over to the enemy and bodily surrenders, under whatever pretense, he is done for. We believe that we need to reform all such schools by cutting them off unless they conform to our regulations in this respect. "The students are required to do laboratory work in groups to determine the effects of the more important drugs on both normal animals and humans," is language used in the advertisement of one of our schools. Why should our students be required to waste their time in such work as this? If they have any need or have the curiosity to know any of these things, can they not find it in a good *materia medica* wrought out by real scientific men in laboratories equipped thoroughly? Why should our students spend time so wastefully under pseudo-scientific conditions and smatter over a subject that we have no need of, except to stand an examination in one state to get a license to be a "real" doctor? We use the word "pseudo-scientific" advisedly for any one who knows anything knows that this school with its equipment and with its faculty, any member of it or all members of it, combined, are not

prepared scientifically to determine very much about the "effects" of drugs on either animals or humans. Where did they get their equipment and when? We have not heard of the A. M. A. trying to get a member of this faculty for their advance laboratory work. We have seen no quotations from members of this faculty of the great "discoveries" they have made in the laboratories of this school either in the A. M. A. Journal or in any of their own monographs. Their names have not been mentioned in the latest editions of treatises on *materia medica*. We believe that such schools should be put out of existence so far as our profession is concerned. We have no place for such schools. They say that this is required in order to get a license in the state. Who consented to this law when it was put through the legislature? Our people did. The law could not have been put through unless they had consented. We all know that. So they are responsible for the law. We note that a test case just gone before the Supreme Court and decided in the "interests" of our school. We feel that really and truly the decision was against the real interests of our profession.

Osteopathy is a protest against the use of drugs. It turned away from drugs. It made its standing and reputation in this field. It must stand or fall on this platform. Osteopathy took its place as antagonistic to drugs as such. But in all of our schools from the beginning we have taught surgery also. In surgery we use drugs just as do the medical men, but this is in surgery, not osteopathy. We have always taught a course in toxicology, which is not inconsistent to our claims. All hygienic measures are common property to all schools and not inconsistent with our principles. Toxicology and the anesthetics and antiseptics include our armamentum. The tendency among us with the so-called progressive element is for "the dog to return to his vomit." If we can't keep our schools right, then our movement is gone.—The Osteopathic Bulletin.

*"I can use  
100 of your  
students at  
\$110 a month"*

This was the reply of one Kansas City Employer when approached by a member of our employment bureau. It proves that energetic students can secure employment while studying osteopathy. During the first two years, the energetic student can "hold down" a full-time position. Students who do not find this necessary have no difficulty securing part-time places.

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for the*

**\$60,000**

**College Building  
now complete**

More students have matriculated thus far than in any previous year, but we are not satisfied. We not only want to double our enrollment—we must triple, yes, quadruple it.

*"The Progressive College"*

**Kansas City College  
of Osteopathy  
and Surgery**

# Are Our Associations Worth While?

Is the IOA Worth While?

W. E. Elfrink, D. O.,—June Central States Osteopath

Every once in a while some member of the IOA wonders what he is getting for his money in the IOA. It costs over \$7,000 a year to run this organization. The members pay from \$10 to \$40 a year to sustain it. Most of the benefits are of an intangible character. Most of you think you could use the money you pay for other purposes. Most of the non-members think that they have nothing to gain by helping us.

And yet, does anyone seriously believe that there would be any practice of Osteopathy in this State if we had no organizations? Does anyone think that the AMA would hesitate to put us out of business right now if we were not organized and ready for a fight whenever and wherever it may be needed? Isn't it worth while just for that alone to maintain a strong and efficient organization?

The IOA is among the strongest and best of our State organizations. It was the first to establish a Defense Department. It was the first to retain attorneys by the year. It was the first to insist that attorneys to be of value to us must be of a high order and must be imbued with the Osteopathic idea. So well has this worked out that the AOA has retained the same firm which we have and several of the State associations have done likewise. The IOA was the first to publish a monthly Bulletin. Now there are a number of States which do so to their own profit and to that of the profession.

The IOA stands ready to defend its Defense Members and is doing so in a number of cases. It brought the Gage case to court and won a signal victory in the Supreme Court. It is now conducting the Walker case which involves the right of Osteopaths to practice Obstetrics. It is planning a test case on surgery which should be filed in the near future. It is planned to go to the Supreme Court on all these cases as we are not interested in "sob stuff" cases calculated to win the lower courts. Victories in lower courts are of no value because they do not establish precedents of any value. A victory in the Supreme Court means something worth while.

The recent victory of the Wisconsin Association is a case in point. They

lost their case in the lower courts and were subjected to a good deal of criticism, but when the case got to the Supreme Court the victory was complete. It was even more sweeping than expected, because it swept away the absurd college pre-medical requirements.

The IOA was, we believe, the first state association to adopt the plan of a live policy twelve months in the year. It used to wake up during a legislative fight and for its annual meeting and then go to sleep, more or less—mostly more—for the rest of the year. Now the IOA does business every day in the year.

The IOA has lent its organization to a cleaning up of the classified directory of the Chicago Telephone Company. No plan could be found which would successfully exclude the pseudos from this classification. So the IOA hired enough space from the publishers of this directory to list its members in a special space. It invited every legitimate DO in the city who could qualify for membership to participate in this plan. It rightly limited the benefits of this move to members of our three recognized associations: the city, the state and the national. At this time about eighty-five practitioners have availed themselves of this privilege. There is little doubt that all of those eligible to this listing will come in within the next year. Every DO who is listed in this space is required to be in good standing in the three associations, and to maintain that standing. This insures the support of our associations so far as Chicago is concerned.

If any individual were to try to do these things for himself it would cost him at least \$3,000 a year and even then he could not accomplish what the IOA has. All of these things have been done for from \$5 a year to \$40 per member. It has been only during the last year that our membership has been \$10.

There are only about 450 active practitioners in this State. There are over 10,000 MDs. The proportion is about 20 to 1. It is little short of a miracle that we have been able to maintain ourselves. But we have done it and we have made progress. A few years ago the MDs freely pre-

dicted that in a few years there would be no DOs. They do not say that any when Osteopathy will be incorporated as a part of medicine. They will have to change that tune also. Osteopathy must maintain its independence. Only in that way can it live and grow.

Osteopathy is a militant school of practice. It should continue in that more. Now they are talking of a time form for many years. Once Osteopathy gets to the point where it has no more battles to fight, no more problems to solve, decay will be at hand. It will go the way of homeopathy and eclecticism. We thrive best when surrounded by foes, when we know that we must fight to live.

So our organizations are worth while. Only through them can we hope to maintain our position and to make progress. No matter how much we may disagree at times with those in charge of our organizations, we should stand by and help to correct the mistakes and to build up our associations into the sort of organizations which we want. We can accomplish little or nothing as individuals. We can accomplish everything through our associations.

## DR. H. H. LEFFLER NEW MAN OBTAINED FOR A. S. O. FACULTY

### A. S. O. Secures Well Known Research Man for Chemistry Department

This morning the American School of Osteopathy received the final contract from Dr. H. H. Leffler, Washington, D. C., to take charge of the department of Chemistry during the coming year.

This does not mean that Dr. Henry is leaving, but he has so many advanced classes in other subjects that he has had to give up the regular chemistry course.

The school has been in communication with Dr. Leffler since the end of the World's War, he having been the teacher of chemistry in the Army and Navy school at Washington, where many of the Osteopaths in the service took work under him, all of them speaking in the highest terms of his work, and he in turn became interested in Osteopathy.

It was not until the present, how-





**A. T. STILL RESEARCH INSTITUTE**

**Dr. E. R. Booth Re-elected Chairman of the Board of Trustees**

The annual meeting of the Board of Trustees of the A. T. Still Research Institute was held on June 27th in the office of the secretary, Dr. Fred Bischoff, Chicago.

The reports of the past year do not show any phenomenal accomplishments but they do show a steady growth over the year previous. The sale of books has netted a neat sum, part of which has been transferred to the Endowment Fund.

**New Books**

During the coming year three new books will be placed before the profession. "The Blood" by Dr. Louisa Burns; "Applied Anatomy" by Dr. Phinney; and "Diseases of Children" by Dr. Ira Drew and associates, are the new books. The profession has known that they were in the process of being completed and, no doubt, will be pleased to hear that they will soon be ready for subscription orders.

**"Clinical Osteopathy"**

A new edition of "Clinical Osteopathy" has been authorized as the old edition has been sold. Every doctor should possess a copy of this book,

and as time goes along collect data which will be valuable in the production of a new book or in the revision of the old.

**Dr. Booth Re-elected**

Drs. Geo. M. Laughlin, Kirksville, Mo.; J. R. McDougall, Chicago; Pauline Mantle, Springfield, Ill.; Rebecca Mayers, Detroit, Mich.; and Dr. H. S. Bunting, Chicago are the trustees elected for the ensuing five years.

Dr. E. R. Booth of Cincinnati, O., was re-elected Chairman of the Board of Trustees, Dr. Fred Bischoff of Chicago was re-elected Secretary, and Dr. John Groenewoud of Chicago was re-elected Treasurer.

**Pacific Branch**

The report of the Pacific Branch of the A. T. Still Research Institute under the direction of Dr. Louisa Burns at South Pasadena, Calif., shows a great deal accomplished in research work. The work at this branch needs more encouragement through funds with which additional animal quarters may be built and maintained.

The five acre property will allow for a very large growth in the future and the climatic conditions are conducive to the life of animals used in research work.

Bulletins will be printed from time

to time giving the results of Research Work done at this branch by Dr. Burns and her assistants. These bulletins may be obtained by either writing Dr. Burns or the A. T. Still Research Institute, 27 E. Monroe St., Chicago.

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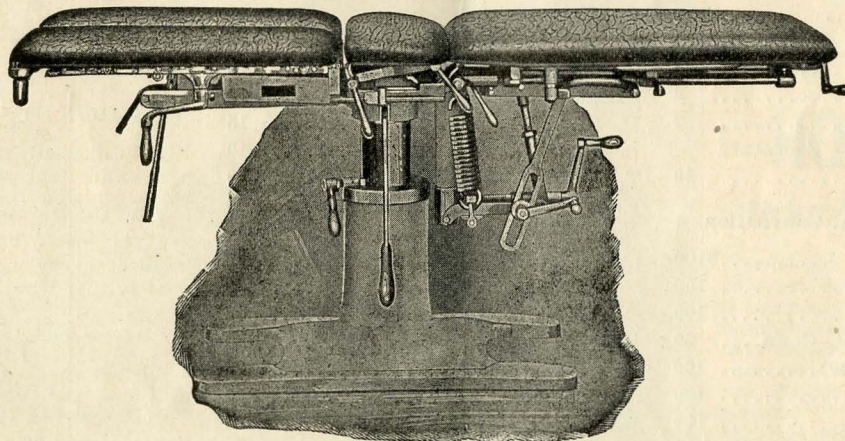
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**LEARN THE REAL CHANGES IN THE BODY**

**Dr. Still Teaches a Lesson**  
**Benjamin F. Still, D. O., Elizabeth, New Jersey.**

While a student at the A. S. O. it was my good fortune and pleasure to see and to be with the "Old Doctor" a great deal. His work shop, in his home, was, to me, extremely interesting, containing many tools for the making by his own hands of his many appliances as experimental aids to his mechanical system of medicine—Osteopathy. In this shop he found relaxation for his overworked brain, yet many are the devices worked out, mostly to be abandoned later, yet, nevertheless the experimentations resulted in the development of better methods in the final analysis for the good of the profession—our inheritance.

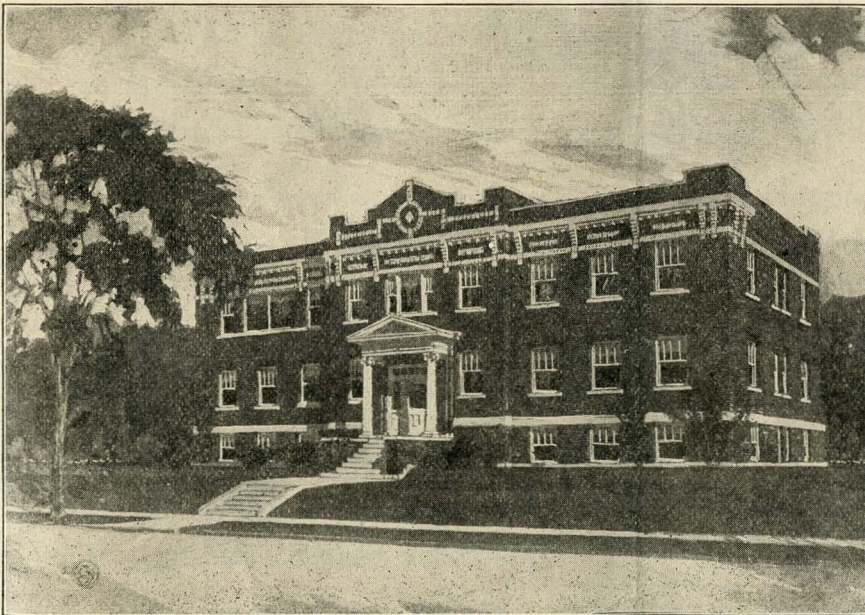
It never ceased to be deeply embarrassing to me to have the "Old Doctor" ask me, and I might almost say, "demand," to treat him for some of his real or imaginary troubles, and as he was "supreme" no one could afford to refuse or beg off. His criticisms and comments on the amateur-

ish work of the student on the "creator" was indeed pitiless and without reserve, but if the student was observing he always went away wiser and with added technical knowledge—direct from the "fountain head."

I shall never forget one occasion, which, I might add, was one of my most profitable visits to the home of the "Old Doctor." It was in my senior year, and the work was very interesting, and I thought I was growing very wise rapidly. He asked me what subject we had had that day under Dr. —. I replied "Tonsilitis." Well, he asked, what is tonsilitis, etc.? I began to tell it in about the language of the medical text books used in class work, but was not permitted to finish, as he blurted out about as follows—"Damn it, I don't want to hear that stuff. I want you to tell me what the real change is in the throat and tonsils, and what nerves and structures cause the trouble, and then how you would go about correcting it, and forget all that 'pol-parrot' business that you have been reading in medical text books. For a moment I was speechless, and on regaining a fraction of my composure, it began to dawn on me what his meaning was, and right there he drove a great lesson into my

brain, so accustomed, as it was, to following the medical text books in descriptions, etc., rather than grasping his great concept of what the real changes are in the body, called disease, and what are the methods of correction, or cure. He started my mind working in a different way from that the teachers and books had done, and I applied, or tried to apply, this painful lesson to conditions I studied or cases I have since had to deal with, and feel that whatever of success I have acquired in practice is greatly due to the shock above described.

Several other interesting incidents might with profit and amusement be narrated, incidents where the "Old Doctor's" crude way of imparting his profound wisdom left its imprint and helped to make of me (a medical doctor's son) an uncompromising and hard-headed osteopathic advocate and practitioner, and one who believes it is cowardly and insincere for any one honored with the title of D. O. to sidestep any disease, however alarming or dangerous, for if he is dyed-in-the-wool and properly educated he must and does know that his profession "covers the entire field of healing," and is no "limited specialty" to hide behind.



# The Laughlin HOSPITAL

**Kirksville, Missouri**

The Laughlin Hospital of Kirksville, Missouri, has just been completed and is now ready for your patronage. The hospital, which was built at a cost of over \$50,000, is a modern fireproof structure of forty-two rooms. Thirty-five of these rooms contain beds for patients. The building is built of the very best material and has every convenience that can be put in a hospital of this size. An electric automatic elevator has been installed, which means a great convenience. There are two operating rooms, one for general surgery and the other for orthopedics.

Dr. Laughlin and his associates will do an osteopathic and general surgical practice. assistants to help him in the various departments, of which there are the following:

- |                |                     |                    |                                   |
|----------------|---------------------|--------------------|-----------------------------------|
| 1. Osteopathic | 3. General Surgical | 5. Gynecology      | 7. Proctology and Urology         |
| 2. Orthopedic  | 4. Obstetrics       | 6. Nose and Throat | 8. X-Ray and Laboratory Diagnosis |

A Training School for Nurses will also be maintained, with a separate building for the nurses' home

For further information address

**DR. GEORGE M. LAUGHLIN**

**Kirksville, Missouri**