

# **Osteopathic Truth**

**August-September 1921**

**Vol. 6, No. 1&2**

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Vol 6 incomplete

# Osteopathic Truth

A MONTHLY MAGAZINE FOR THE OSTEOPATHIC PROFESSION

The more we know of the architecture of the God of Nature, and the closer we follow it, the better we will be pleased with the results of our work. Truth has no cause to fear opinions.

—Dr. A. T. Still

20 cents a Copy

**August-September, 1921**

\$2.00 a Year

## Dr. Waldo Dines "The Editors"

### Vi-va la Waldo

According to the practice of the Spanish we would say vi va la Waldo for his having stepped out of the beaten path during the convention and entertained the editors of all the osteopathic publications at dinner.

This was a rather bold step upon the part of the A. O. A. president, but he said that he thought we should all have a good look at each other, get acquainted and like the old team of oxen when they pull together there is a mighty movement of the load.

The load of selling real A. T. Still osteopathy to some of our weak-kneed brethren is slow and hard but we have the one method of healing the sick and suffering which stands out as clearly from all the surrounding methods as does the Woolworth building in New York City from all the surrounding buildings that we cannot but win some of these days.

#### A Tribute to Waldo

A person filled to the top notch with enthusiasm for the science of Osteopathy which has accomplished that

which no other science of healing has ever accomplished cannot keep from lubkling over, and so Dr. Waldo, president of our National association last year, imbued with the spirit, just "ran over the edges" and oozed Osteopathy.

Everywhere he went he could not help inspire the listener with his sincerity for our science and its future. Dr. Waldo's pat phrases will stand the bumps of time and those of you who have kept your "Osteopathic Truths" will do well to eschew those phrases again and again.

"Sell yourself a College" will remain fresh in our memory, but we also want the colleges to sell themselves to us by adhering closely to the teachings of Dr. Still. Teach the student Osteopathy and we will not have a bit of trouble in "tuying" several colleges but the college that attempts to teach any form of the use of drugs for remedial purposes, vaccines or serums, or who have on their faculty the man or woman who belittle Osteopathy will find itself

without a market. Dr. Still has written a platform which to date no one has offered an equal let alone a letter one. Adopt it and live it is our motto.

Dr. Waldo has not alone talked Osteopathy but lived it.

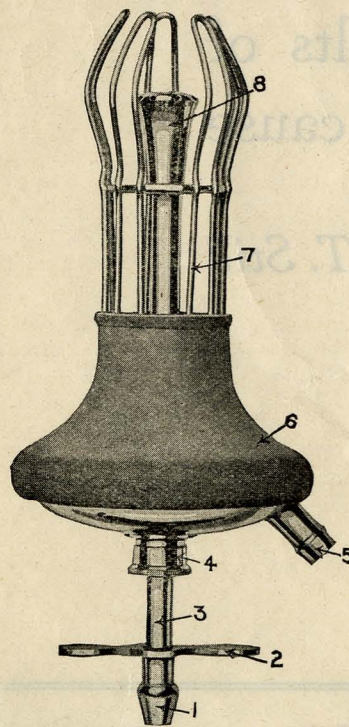
#### The Roster

Besides Dr. Waldo there were in attendance as his guests, Dr. W. A. Gravett, secretary of the O. A. A.; Dr. H. L. Chiles, treasurer and business manager of the A. O. A.; Dr. C. P. McConnell, editor of the Journal of the A. O. A.; Dr. Geo. Goode, editor of the Osteopathic Magazine; Dr. H. S. Bunting, editor of the Osteopathic Physician; Dr. R. S. Hulturt, editor of the Journal of Osteopathy; Dr. R. H. Williams, editor of the Osteopath; Dr. C. J. Gaddis, editor of the Western Osteopath, and Dr. E. J. Drinkall of Osteopathic Truth.

It was agreed by all those present to accept an invitation from Dr. S. L. Scothorn to dine with him in Los Angeles next year.

—Drinkall.

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# Osteopathic Truth

A MONTHLY MAGAZINE FOR THE OSTEOPATHIC PROFESSION

Pledged to the TRUTH which Father Andrew saw,  
No favor sways us, and no fear shall awe.

Volume VI

AUGUST-SEPTEMBER, 1921

Numbers 1 & 2

## Dr. S. L. Scothorn, President A. O. A.

A. O. A. Makes Start Toward Big Improvement—A 100% Efficient Layman is Wanted as Secretary—Paid-For Publicity is Sanctioned

Another milestone was passed with the annual convention of the American Osteopathic Convention, at which time we stopped long enough to take stock of the previous year and then with the experience gained turned toward the goal to be gained during the coming year.

From the year just passed we have learned more than ever that we must keep on the job night and day, never relaxing a moment from the eternal vigilance which is the price of peace.

#### Biggest Move Forward

The one biggest step in advance was the adoption by the House of Delegates of a resolution presented by Dr. H. M. Vastine of Harrisburg, Penna., that the Board of Trustees through the Executive Committee should, if possible, employ a layman trained in organization work to occupy the position of secretary and that his duties would be similar to those of the secretary of a Chamber of Commerce or the International Secretary of the Rotary Club or similar organizations.

It is significant that those who have been responsible for the propagation of "Osteopathic Truth" have for years advocated that such a 100% efficient layman be secured, for such a man can help our associations fight their battles much better than when all the officials are doctors. Such a man can analyze us as an organization and in finding the lesions he can suggest the method of fixing. Such a man can go before legislatures, legislative committees, organizations, and other bodies, and present our cause in a far better and more effective manner than any doctor ever could.

Petty jealousies would have to pass before the review of this layman and most of them would disappear under

his iron. The solid amalgamation of our profession toward the great goal under his guidance would make our enemies tremble and at the same time inspire the weak with confidence and the strong with greater courage to tackle bigger and harder problems. This man can tell us wherein we as individuals have failed to "deliver."

Dr. S. L. Scothorn, the new president, has already made much progress toward securing the right man for the place and it is hoped that before long this man of men may be introduced to the profession through our journals. This man will make his public bow to the profession at the next convention in Los Angeles.

The resolution as introduced by Dr. Harry M. Vastine is given in the following paragraphs:

"For the purpose of facilitating the growth and development of Osteopathy in all of its phases, placing the activities of its promoting organization, the A. O. A., on a thoroughly efficient business basis and centralizing its directive forces, therefore, be it resolved,

"That the House of Delegates hereby urges the Board of Trustees to elect an Executive Secretary who shall be a Layman and whose tenure of office shall be at the pleasure of the Board of Trustees.

"That as soon as possible after a study of our secretarial work this Executive Secretary shall open offices in the City of Chicago, from which point the various activities of the A. O. A. shall be directed.

"The Board of Trustees shall appoint annually an Advisory Committee of three, which committee, with the advice of the Executive Committee of the A. O. A., shall direct the Execu-

tive Secretary, in carrying out the policies of the A. O. A. This Advisory Committee shall make a brief report quarterly to the Executive Committee and an annual report to the Board of Trustees and the House of Delegates."

#### Centralized Offices

With the advent of the new lay secretary, after he has learned most of the ropes and knots from both Dr. W. A. Gravett and Dr. H. L. Childs, will come the establishment of national offices in Chicago.

The establishment of permanent national offices in Chicago, the center of the North American continent, will add stability to our association, and under the guidance of a layman the work will go right on toward completion without interruption by changing officers. The detail work of departments and bureaus will be done by an efficient corps of clerks under his direction and the inclinations or disinclinations of the new committee heads will not effect the work of the association.

The detail work of our journals will be handled from this office and we can be assured that better magazines will be forthcoming. It is the dream of Dr. H. F. Morse of Wenatchee, Wash., chairman of the Department of Finance and Development, to some day have the "Osteopathic Magazine" sold from every newstand in the country. His dream is shared by the writer, in fact the writer presented the magazine in a new form and dress at the meeting of the Board of Governors of the Osteopathic Service League with the object of having it as the official magazine of the League, and to be so constructed to make it salable everywhere. The new secretary will help Dr. Morse carry out his dream.

**NEW OFFICERS**

Dr. S. L. Scothorn, Dallas, Tex., President.

Dr. O. S. Miller, St. Louis, Mo., First Vice-President.

Dr. Sophronia Rosebrook, Portland, Me., Second Vice-President.

Secretary and Treasurer are holding over until their successor is elected.

**Trustees for Three Years**

Dr. H. M. Walker, Ft. Worth, Tex.

Dr. Geo. A. Still, Kirksville, Mo.

Dr. Curtis Brigham, Los Angeles, Calif.

Dr. Ray B. Gilmour, Sioux City, Ia.

Dr. Earl J. Drinkall, Chicago, Ill.

**PAID PUBLICITY SANCTIONED**

Dr. S. L. Sothorn fathered the next most important step forward in a motion presented by Dr. Drinkall before the Board of Trustees in that we encourage the use of paid publicity.

The motion further states that the publicity is to be of the fundamental principles of Osteopathy (spinal adjustment) and our educational attainments. Such advertising is to be censored by a committee of which Dr. H. M. Walker of Ft. Worth, Tex., has been made the chairman.

The meaning and scope: It means that any Doctor of Osteopathy may advertise or buy space in any legitimate medium for such purposes: magazines, newspapers, program booklets, etc., and publicly proclaim the fundamental principles of Osteopathy (spinal adjustment) or set forth our educational requirements and attainments. This means the advertisement of Osteopathy and not the individual.

The censor, Dr. H. M. Walker, will be very glad to inform you further about the minor details of such publicity and he will help you write your advertisement, or as his office implies, he will censor that which you write.

This great step will enable the doctor to buy space and tell the world around him just what Osteopathy is and can do, which will counteract some of the rot our imitators would have the public believe. By spreading broadcast the fundamental underlying principle of Osteopathy the public will soon know what a big steal has been going on.

**COLLEGES NOT HELPED**

Again nothing in a great constructive manner was done with reference to our colleges. Each college is left to shift for itself, and although most of them are in very fair circumstances there are one or two that need the

united assistance of the entire profession. It is to be hoped that some day the needed help to make the colleges a power in the world will be forthcoming. In the meantime much thought can be given the proposed plans of aid.

**NEWSPAPER PUBLICITY**

The old saying that you may have what you want if you want it bad enough might well be said of what Dr. R. K. Smith has done during the past year in securing newspaper publicity.

One day during the session Dr. Smith had newspaper articles pasted upon roll paper and suspended all around the main convention hall. It would have done your heart good to have seen the articles, knowing that in them somewhere they mentioned Osteopathy.

We congratulate Dr. Smith upon his work.

The Cleveland papers gave columns of space before the convention and during the session, and the Associated Press did themselves proud by thoroughly disseminating the good news all over the country. We are of the opinion that the Chicago papers were more favorably impressed than ever before. The New York Times broke the ice and gave to us the priceless publicity of a column and a quarter. The publicity of the article is small when we think of the avenues it will open through other newspapers. Many newspapers follow the lead of the New York Times and their endorsement of Osteopathic "copy" is a big feather in our cap. It was pretty hard to hold "R. K." on earth after he received the copy of the Times. It is a return for years of hard work and striving, it is a "thank you" which none of our members can give him, it is a mark of advancement in our progress—a new goal won.

**SCIENTIFIC PROGRAM**

Much can be said about the scientific program of the convention, but we will leave the judging to you as you read the addresses in the A. O. A. Journal, but unless you were on the ground we know you have no conception of the vast amount of work the Program Chairman, Dr. Jennie Ryel of Hackensack, N. J., did to make it "go." We extend to her our congratulations.

Dr. Ryel had as one of the main features of the program, technic as the beginning and the ending of the day. Dr. Carl D. Johnson of Louis-

ville, Ky., was the sub-chairman in charge of this particular section and we congratulate him, for he "was on the job."

We would like to reproduce for you all that was demonstrated but that is impossible, so all we can do is to admonish you to attend the convention in Los Angeles where Dr. C. D. Swope, the chairman of the program committee has already secured sixteen technicians to demonstrate technic.

**Mr. Gray's Address**

One of the outstanding features of the program was the address by Mr. Philip Gray of Detroit, Mich., the donor of the Detroit Osteopathic Hospital.

The friends of Osteopathy are increasing and as ourselves give, so they will give, not of money, for that is of minor consequence, but of their influence. The right influence placed at the right time, the right individual will have the right result.

**THE ATTENDANCE**

The attendance was small and for the life of us we can't figure out the reason why so many from Ohio were absent. Nearby states should have been better represented and the far away ones should have had more there, but—where they were we do not know.

Those who did not attend were the losers.

**ENTERTAINMENT**

Monday evening the reception and ball took place, with national, state and local officers in the receiving line. From all indications those in attendance had a most enjoyable time, in fact it was the most enjoyed reception of many years.

Tuesday evening was reunion night for the fraternities and sororities, and we believe that all of them had a reunion. Since we have not a report from all we will omit the mention of a few.

Wednesday evening was the ride out on the placid bosom of Lake Erie. The most easily made seasick victim could have taken the ride for hardly a ripple broke the calm until the return trip was begun when a light breeze sprang up and refreshed the crowd.

The Cleveland D.O's are to be thanked collectively and individually for their thoughtful arrangement of the entertainment.

**THE BANQUET**

The banquet was held on Thursday evening and was one long to be re-

membered as of value but was also filled with spicy diversions.

Edmund Vance Cooke was the speaker of the evening and being a good Osteopathic fan besides being a poet, he illustrated his excellent address with poems. Mr. Cooke is an anti-vaccinationist and has so recorded his views upon the subject in a clever poem which he read during his address. Mr. Cooke's address will long be remembered.

Dr. Clarence Kerr of Cleveland was the chairman of the evening and between courses he pulled off some clever humorous episodes. Dr. Kerr called Dr. R. K. Smith to the speakers' table and in glowing terms bestowed the degree of "D. P." (Doctor of Publicity) upon him. Later on he called Dr. Asa Willard to the speakers' table and bestowed upon him the degree of Supreme Osteopath of the Sons and Daughters of "I WILL Arise."

Dr. Kerr read a telegram from "B. J." with reference to his court testimony on Pediatrics.

Dr. Hugh Conklin served as toastmaster. Dr. W. A. Waldo, past president, was called upon for an address. Dr. S. L. Scothorn was called upon for an address as the new president. Following Dr. Scothorn's short address Dr. Kerr stalked across the platform and conferred the title of Brigadier-General upon Dr. E. J. Drinkall of Chicago to serve as the private physician to the president.

Dr. W. A. Gravett of Dayton, O., gave one of his inimitable addresses entitled, "Main St." which carried much philosophy intermingled with the humor.

A quartet from the Cleveland Opera Company sang during the program. Dancing concluded the very enjoyable evening.

**LOS ANGELES NEXT**

We are looking forward to a wonderful convention in this California city, and our savings bank has already rung up the first dollar toward the expenses.

—Drinkall.

The Osteopathic Profession will be interested to hear that on July 9th, 1921, a third baby girl arrived at the home of Mrs. and Mr. "Private" H. R. Peat, Vancouver, B. C. She will be known as Marine Elizabeth. All are doing well. "Private" Peat starts October 6th, for Australia and New Zealand on a lecture tour covering six months.

**"TREATMENTS"!!!**

The scene was the office of an Osteopathic physician; a gentleman enters and approaches the lady in charge, shall we call her the secretary, and inquires if Dr. Smith was in. The young lady replies that Dr. Smith was busy, but "do you want a treatment?" Ye, gods! Treatment! It sounds like, massage, or bath, or whatnot. How much better would it have been had she inquired, "Do you wish to see Dr. Smith professionally?" Treatment is a relic of the bygone days. Just how or why it should ever have been is impossible to say. And in a way, it is correct. But to me, and many others, it has a stigma of being unprofessional, and sounds wholly commercial. Without affecting the Van Dyke beard and the Prince Albert coat of the pictured M.D., most Osteopathic physicians can assume a more dignified attitude toward their patients and demand greater respect, not only personally, but for Osteopathy. It would seem too many are selling "treatments" to the patient and NOT Osteopathy. The Osteopathic physician, too, is oftentimes selling only himself, and not bringing to the attention of the patient that he is indebted to the Science of Osteopathy for the relief he is given, and owes a debt of gratitude beyond just the fee he is paying the Physician. By bringing this fact to the attention of the patient, gently, by suggestion possibly rather than directly, interest and support can be obtained for our institutions and colleges. Interest that will assist us to further our researches and establish the science in the eyes of the scientific world. These facts have been brought to the attention of the writer by a layman, not once but many times. I believe it has food for thought, just let it simmer in.

No one of the immediate Still family were represented at the convention. Dr. Charley is in California convalescing. Dr. Blanche Still-Laughlin was at home, with the kiddies. But Dr. George Laughlin was present, looking younger than he did ten years ago. Prosperity agrees with him. Dr. Harry and Dr. Herman Still, the others of the family of Dr. Andrew Taylor Still were not heard from. We are sorry not to see these who were so close to the Old Doctor at our conventions and meetings. It denies us the one link we have to our beloved Founder, who has passed from our ranks.

**Kay County Osteopathic Society**

The Kay County Osteopathic Society conducted a very successful essay contest last Spring among the high schools of the County. Blackwell, the home of the South-Western Osteopathic Sanitarium, is the largest city in the county and the "Blackwell Daily News" of June 22nd, printed all three prize winning essays.

The prizes offered were, \$50, \$30, and \$20.

This is the best method of having our literature studied and read, and altho we may supply all the libraries of the country with books they will not be read unless we can in some way stir up the necessity. The essay contest does the stirring.

As chairman of the Bureau of Public Education of the A. O. A. I would encourage the use of the Essay Contest and it is my hope to some of these days conduct a nation wide essay contest, and to have it become an annual affair.

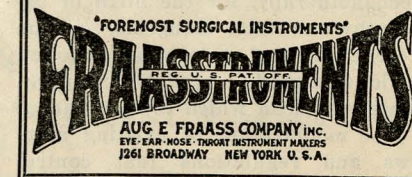
Drs. Myrtle and H. H. Fryette, of Chicago, are guests of Madame Gallurci for the month of August, at her lodge in the Catskills.

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-AUTHORITIES**

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### YOUR OSTEOMEDIC REPLIES TO DR. JAMES M. ANDERS

The following article appears on page No. 570, August 13th, 1921, issue of the Journal, American Medical Association. It is indicative of the attitude and stand taken by our medical friends. They are prejudicial, autocratic and vituperative. We regret that inasmuch as the young "Osteomedic" is still serving his internship in a medical institution, we cannot publish his name because of the undesirable position in which it would place him. The editor can, however, vouch for the sincerity and truthfulness of the statements made by him:

#### Changes in Educational Methods and Legislation Advocated

To the Editor:—The discrepancies in the standards of the different legalized systems of practice are well known to the regular medical profession, and the time would appear to be ripe for a campaign of popular education and the revision of our state laws and regulations governing the irregular, so-called, schools.

It is axiomatic that a definite level of knowledge of certain basal sciences, more especially anatomy, physiology, physiologic chemistry and pathology, must form an indispenably necessary background of any or all practitioners of the healing art. Without doubt the adoption of a uniform standard by the state equivalent to that of the first class, regular schools of medicine in this country, in the branches before named, would enlighten the student to the extent of enabling him to appreciate the limitations of usefulness as curative agencies of osteopathy and other drugless cults, it being generally conceded that some, at least, of these newer sects and isms have a little virtue behind them.

Unfortunately, the regular profession is largely responsible, through neglect of that valuable measure massage, and certain additional forms of mechanotherapy, for the birth of osteopathy and other mongrels, and the present period of social reconstruction would, as already stated, be an appropriate season in which to bring about a just modification of existing state laws and regulations that control them.

Obviously, the desired goal can only be reached by getting the public back of the movement. To this end, the public must be fully informed of the inadequacy in important particulars of the preparation in irregular schools for the diagnosis and treatment of the many ills to which man is liable, that

great deficiencies are to be noted in the advantages offered by them, not only with regard to opportunities for the study of the scientific branches, but also for the study of diseases at the bedside as well as from the laboratory side. It will be seen that the situation demands an organized educational campaign on a country-wide basis, and this could be most effectively carried out by the American Medical Association, with the concerted assistance of other leading national and local medical societies. The mechanism needed could readily be developed by this large and influential body on the basis of state or county units.

In concluding, let me recapitulate my proposals: (a) uniformity of training in the vitally important fundamental branches—anatomy, physiology, physiologic chemistry and pathology, for all schools and sects; (b) a corresponding revision of existing laws and regulations as affecting the irregular schools of practice with respect to these subjects; (c) public education as a preliminary and accompanying step, with a view to crystallizing public sentiment in favor of the two preceding propositions; (d) publicity regarding the low standards prevailing in irregular schools as compared with regular schools of medicine, and (e) direction of public attention to the limited spheres of usefulness of osteopathy and the other newer sects.

JAMES M. ANDERS, M.D.,  
Philadelphia.

August 13th, 1921.

James M. Anders, M.D.,  
Philadelphia, Penn.

Dear Doctor:—Having just finished reading your amusing and rather vituperative article in this week's Journal of the A. M. A., I feel that such a noted physician as you should have it brought to his attention that he is sadly mistaken about the subject whereof he speaks.

To establish my own record from which I speak, I will say that I am a graduate of a standard college of Osteopathy which gives a four-year course to high school graduates. I am also a graduate of a Class "A" College of Medicine, which gives a four-year course to students with at least two years of preliminary college education. I, myself, also hold a B.Sc. degree. I, therefore, believe I know more about the subject of which you write so confidently than you do—at least I ought to.

I am sure it will be news to you, but nevertheless it is true, that my courses in anatomy, physiologic chemistry, physiology and pathology in my Osteopathic College were on the par with the instruction given in my Medical College—and my anatomy was very much superior in the first named institution. In the Osteopathic College I did not have as much bedside instruction as I had in the Medical College, but I had as much if not more out-patient work in the dispensary. Practically all of the teachers in the College of Osteopathy were full-time men and 95% of them were graduates of the very best of our medical schools. Our text in practice in the College of Osteopathy was your own. All of our texts were the same standard books. In some of the clinical subjects I received very superior instruction in the College of Medicine—in others, I received equally superior instruction in the College of Osteopathy.

I found that with very little effort I was able to easily lead my class in medicine throughout the entire four years—with an average of 94. I then led the field of 200 candidates in the state examinations with an average of 92. So I believe I know a little something about what I am writing.

I had a very nice practice in Osteopathy for two years before I took up the subject of medicine and surgery. I was every bit as successful in my acute cases as were my medical friends and when it came to chronic conditions my percentage of cures was very much higher. If I were to go back to general practice and had to take my choice between the practice of pure Osteopathy as taught by the better teachers and pure medicine as taught by the better schools—there would be no hesitancy for I would return to the practice of Osteopathy. Not a radical Osteopathy, but a good, common sense Osteopathy which recognizes all the various physical adjuncts to treatment.

And you now are probably asking why I did not stay in the practice of Osteopathy: I took up the medical work not for the medicine—but for the surgery, which Osteopathy recognizes and includes. The various medical institutions which teach surgery will not allow a mere Osteopath to study within their doors, so I took the long route, obtained my M.D. degree from the very best, and now I am taking a two-year internship to prepare me to at least start upon the practice of surgery.

Doctor, you speak of the limited spheres of Osteopathy. How about the limited spheres of Medicine? How many specific drugs have we? How many sera and vaccines that work? How many drugs does a real up-to-the-minute physician prescribe? How many people die from over-drugging? Did you ever cure a patient who had no resistance, and whose resistance could not be brought up by other methods than internal medication? Who said "He is the best physician who knows the worthlessness of most drugs"? and don't forget, Dr. Anders, that the Osteopath recognizes and uses all methods outside of those pertaining to internal medication.

It is my opinion that the real reason for the opposition which the medical profession entertains for the Osteopaths is that the Osteopath is really and truly successful and has in a great many cases showed up the fallacy of internal medication. I am sure that it is not so much a care for the welfare of the dear patients as it is a care for the welfare of the very dear doctors—that is, the M.D.

I trust, Doctor Anders, that you will in the future, know more about that which you are writing.

Very truly yours,  
Signed, A. Osteomedic, D.O.M.D.

The twenty-fifth annual convention of the American Osteopathic Convention at Cleveland, Ohio, this year was marked by the fact that many of the Old Guards were conspicuous for their absence. Among these were Dr. George Riley, of New York, who it is reported is visiting in Norway and Sweden; Dr. Ada Achorn, of Boston, who has been visiting in Sunny Italy for some eight or nine months; Dr. Joseph H. Sullivan, of Chicago, just didn't come; Dr. Banks Meacham, Dr. Herbert E. Bernard; Dr. Richard Wanless, who is "up in Maine." Dr. M. C. ("Preacher") Hardin, of Georgia, was absent because of an affliction to his eyes. Dr. George Reid, of Worcester, Mass., of the Herald of Osteopathy fame, was also missing. Dr. Alice Patterson Shilbey, of Washington, D. C. Dr. E. R. Booth, of Cincinnati, O., was also reported as traveling in Europe. Dr. George Fechtig is in Paris. These are but a few of the many of the standbys of Osteopathy who were not present. However, it was a pleasure to note many of the more recent graduates and undergraduates among those present and benefiting thereby.

### NEW OSTEOPATHIC INSTITUTION

#### THE CRAIN SANITARIUM RICHMOND, IND.

It is with true satisfaction we herald the opening of another Osteopathic institution, the Crain Sanitarium, which is being opened by Drs. C. J. and Elizabeth P. Crain in Richmond, Ind.

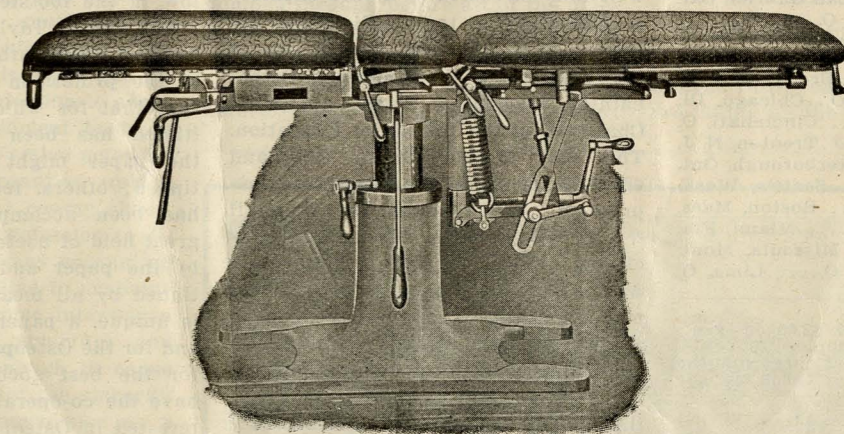
The Doctors Crain began practice in Union City, Indiana, some nine or ten years ago but removed to Richmond and with the march of progress from one city to a larger one there naturally comes the development of an Osteopathic institution.

"This sanitarium," states Dr. Crain's announcement, "is conducted as an exclusive Osteopathic institution, for the benefit of Osteopathic physicians and their patients."

The announcement of the new infant institution is neatly presented and knowing the doctors as we do we know they will make a success.

Our best wishes go with them for the greatest abundance of success.

How many remembered that Saturday, August 6, 1921, was the ninety-third birthday of the Old Doctor? All honor to his memory.



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## Osteopathic Truth

A MONTHLY JOURNAL OF  
OSTEOPATHIC PROGRESS

EDITED AND PUBLISHED BY

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FOR THE OSTEOPATHIC PROFESSION

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upon application to the Business Office  
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August-September, 1921

"Any occupation which is good  
enough to make a living by is good  
enough to boost."



DR. EARL J. DRINKALL,  
Retiring Editor and Newly Elected Trustee A. O. A.

Fellow Osteopaths:

Greetings:

At the annual meeting of the Osteo-  
pathic Physicians interested in "Osteo-  
pathic Truth," in convention in Cleve-  
land, Ohio, Dr. Earl J. Drinkall, who  
has for a number of years, labored  
well and successfully in the capacity  
as Editor, asked to be relieved of the  
further duty. He was elected one of  
the Trustees of the American Osteo-  
pathic Association, and appointed  
Chairman of the Bureau of Education.  
This will require all the time and  
effort he can possibly allow from his  
practice. We thanked Dr. Drinkall  
for his valuable services, and appre-  
ciating the necessity of conforming  
with his desire, someone to take his  
place had to be decided upon. The  
mantle fell upon the shoulders of  
your humble servant, who accepts it  
with the full desire of carrying out  
the objects for which "Osteopathic  
Truth" stands, and to help others to  
help themselves.

Five years ago, at the Convention  
of the American Osteopathic Associa-  
tion, in Kansas City, Mo., the trend  
of many of the Osteopaths had become  
such for other fields and some Osteo-  
pathic colleges were even teaching

### GRATIFICATION AND NEW CONFIDENCE

It is gratifying to note that Dr.  
Scothorn is in accord with the idea of  
placing our profession on a workable

"True Blues" to stem the tide, to  
organize in a friendly way toward  
this end. With no politics in mind,  
but with the policy of keeping Osteo-  
pathy for the Osteopathic Physicians,  
Materia Medica, the necessity was felt  
by many of the "Old Guard" and the  
to keep Osteopathy clean, and to fol-  
low in the footsteps of our Founder,  
Dr. Andrew Taylor Still, the little  
band of Osteopaths set forth. Many  
of the profession are of the opinion  
that that for which "Truth" was in-  
itiated has been accomplished, and  
the paper might easily be discon-  
tinued; others, feel that while much  
has been accomplished, there is a  
great field of usefulness to be covered  
by the paper and it should be con-  
tinued by all means, and its position  
is unique, a paper by the Osteopaths  
and for the Osteopaths only. To make  
for the best good your editor must  
have the co-operation of all those in-  
terested in Osteopathy, and every ar-  
ticle that means for the furtherance  
of the Science or Cause of Osteopathy  
will be welcomed. "Osteopathic Truth"  
is an Open Forum for ALL Osteo-  
paths to discuss Osteopathy and Osteo-  
pathic Problems. You are welcome;  
come help us to help each other.—  
O. C. Foreman, Editor.

business basis and we trust, he with  
the Board of Trustees, will select a  
highly efficient Executive Secretary,  
which man, if the right man, will  
place us on a going basis.

## On to the Great Opportunities

### Confidence Born Anew

H. M. Vastine, D. O., Harrisburg, Pa.

The Cleveland convention, though  
lacking the awakened spirit which is  
necessary to set our profession on a  
course of sure and safe ground,  
showed a few evidences of an under-  
current of feeling, which we hope may  
bring about this sorely needed change  
of policy.

Chief among these evidences was  
the general sentiment for the imme-  
diate creation of a great central busi-  
ness office, with an efficient lay or  
executive secretary similar to the Sec-  
retary of a Chamber of Commerce as  
the head, and out of which office all  
the activities related to our growth  
and development as a profession may  
take form and direction.

There is a great field of opportunity  
ahead for our profession, despite the  
many lost opportunities of the past;  
and they are many. Under a new re-  
gime, who can tell the possibilities?

It is late, very late, but the door  
still remains ajar if we but seize the  
chance to retrieve and build. The se-  
lection of a thoroughly efficient lay-  
secretary will be a long step ahead.

It is particularly gratifying to  
"Truth" to note that this seems close  
to realization, since this paper has re-  
peatedly urged the profession to adopt  
an up-to-the-minute efficient business  
policy and thus put an active potential  
force back of a re-organized unified  
profession with a clear course ahead.  
It has also urged the profession to di-  
vorce itself from the many entangling  
vagaries and follies allied to medicine  
that seem to have become interwoven  
into the Osteopathic structure and  
which has gone far enough to cause  
the public mind to doubt the sincerity  
of our claims to independence as a  
system of therapeutics.

Correct these things and we will at-  
tract public favor and push rapidly to  
a position in the body politic, where  
neither foes of medicine nor unscrup-  
ulous imitators could successfully as-  
sail us.

We have the choice of doing so or  
losing our identity as a profession and  
becoming the tail of the medical kite.  
The barometer points toward a rise.

### Two Lamentable Features

A lamentable feature of the sessions  
of the House of Delegates was an ex-

hibition of too much "papa" by one of  
the delegates who seemed to feel that  
he was called upon to tell the "chil-  
dren" members what to do and how  
to do it.

He may have held the most altruis-  
tic motives, but he ought not to be too  
ready to publicly stigmatize as a  
"damned fool" a fellow of the profes-  
sion who was appearing before the  
delegate body. The information of-  
fered by this doctor was valuable and  
if the delegate himself, as an official,  
had failed to enlighten us on this im-  
portant phase of our development, it  
was certainly highly unbecoming to  
cover a deficiency on his own part, by  
boiling over on some one who chanced  
to possess something we were right-  
fully entitled to know. (We'll pass it  
by this time, Dr. Atzen, but please ex-  
ercise more charity in the future.)

We also dissent from the attempt to  
railroad legislation in the delegate  
body. There was one instance of this  
character, where a certain leaflet cov-  
ering some legislative material was  
jammed through before all of the dele-  
gates sitting had a copy passed to him  
by the tellers and, of course, could  
not even glance at the subject matter  
before voting. We are glad to possess

the pleasure of having been one of the  
"nays" on this question. It was an  
atrocious piece of legislative work.

The thing might be perfectly good,  
but the accredited representatives of  
the states cannot afford to submit to  
that type of "log rolling" legislation.

We claim sufficient enlightenment  
to at least desire to know upon what  
we are voting.

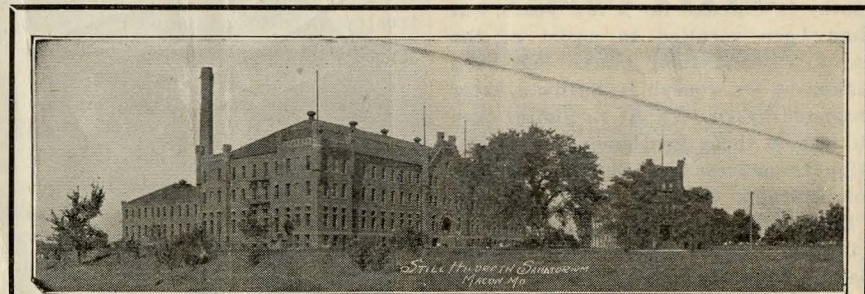
### A Boost for the Detroit Osteopathic Hospital

Dr. F. E. Dayton of Escanaba, Mich.,  
chairman of the Bureau of Clinics of  
the A. O. A. had an official operation  
performed by Dr. B. A. Bullock of  
Detroit following the convention.

Finding his tongue and fingers still  
unimpaired by Dr. Bullock's skill, Dr.  
Dayton tells us that the D. O. H. is  
the finest ever. We knew it, but are  
also glad to register this ante-mortem  
bit of praise for the institution.

Dr. Harold Evers of C. C. O. has  
had charge of Dr. Dayton's practice in  
his absence.

It will be of interest to learn that  
Fred Still, son of Dr. Harry Still, and  
Eugene Still, son of Dr. Herman Still,  
are taking up the study of Osteopathy.



## Still-Hildreth Osteopathic Sanatorium

MACON, MISSOURI

DEDICATED TO THE CURE OF NERVOUS AND MENTAL DISEASES

Address All Communications  
to the Above Institution.

A. G. HILDRETH, D. O.  
Superintendent

### A BIT OF OSTEOPATHIC HISTORY WORTH RECALLING

Our worthy Doctor E. R. Booth, has edited a splendid work, "The History of Osteopathy" of which we are justly proud. We believe, however, there is one incident at least that is not included in this work. There may have been a number of friendly M.D.'s who have at times addressed bodies of Osteopathic Physicians, but I do not recall that there has ever been but this one occasion when an Osteopathic Physician was INVITED to address a body of Medical Doctors.

Back in 1898, in Chicago, during the time of Alexander Dowie, and a few years after the introduction of Osteopathy into Chicago, the members of the Physicians' Club of Chicago, who had been meeting monthly at the old Victoria Hotel, began to suffer of ennui, they were becoming bored at the scientific eloquence delivered at their meetings; their minds were becoming filled with all the wonderful instruction and knowledge given them at these meetings. They wanted diversion. And it was suggested they invite this "Faker" Dowie, to be amused and entertained with his absurd claims and statements. But Dowie was too much for some of these intellectuals, and their objections ruled and it became necessary to cast about for other "freaks," for entertainment they wanted and entertained they were bound to be.

Now it must be remembered that Dr. Harry M. Still, and Dr. Arthur G. Hildreth had been practising Osteopathy in Chicago for a few years, but had been recalled to assist at the A. S. O., and their places had been taken by Dr. Joseph H. Sullivan, later assisted by Dr. Wilbur L. Smith. And it was to these gentlemen the invitation to address the Physicians' Club of Chicago, January 31st, 1898, on "Osteopathy and its relations to Medicine and Surgery." The invitation was issued by the secretary, Dr. Wm. H. Wilder, Medical College of Ohio, 1884. Little did the Medics realize what they were doing, or it is certain the invitations would have been recalled.

To quote Harry Stanhope Bunting, then writing for the Journal of Osteopathy, "Osteopathy was put on trial. \* \* \* As the public could not free itself from suspicion that there might be slight bias in the minds of the court (the Medics) against the defendant Osteopaths, official reporters were sent by the Chicago Times-

Herald and the Inter Ocean. But for this accident—as the trial developed a damaging showing for Medicine—the world might never have heard of this famous arraignment \* \* \* as there was no mistaking that the ultimate purpose was both to arraign and condemn Osteopathy as a fraud. To the impartial observer the trial had the aspect of opera bouffe, or would have—if it had not been pathetic \* \* \*. Perhaps the prosecution (the Medics) in its overconfidence made the mistake of rushing into a contact without due preparation. But they had on hand Dr. G. A. Dorsey, curator of the Field Columbian Museum, a heavy gun on any lone proposition. He had drilled at Harvard. His experience had fitted him to beat down any "bone" cure. To combat any "hypnotic" side of Andrew Taylor Still's system, they had Prof. Geo. A. Coe, professor of Psychology at Northwestern University. Upon these two the Medics put their strength to put down the Osteopaths. Dr. Sullivan read his paper. It was a simple, forceful, masterly explanation of what Osteopathy was, how it worked—in so far as it was necessary to show the practical application of its principles—what it claimed, what it was doing. Facts were cited. He was not boastful, nor arrogant, yet from being defendant he was straightway showing where drug theories were notoriously short and helpless. It was shown how Osteopathy and Medicine began at the problem of sickness by taking different points of view. Medicine took symptom as disease, as the seat of trouble, and treated whatever showed affection, while Osteopathy only considered symptoms to trace back the trouble to its mechanical origin. He made it plain that the Still system meant good food to all parts of the body—impartially—even those in temporary rebellion; good plumbing throughout the human temple; free trade along the rivers of vein and artery; and where these conditions were upset, that they could generally be brought about again by the art founded by the Sage of Kirksville. These claims were put forth with the modesty of a man of science. He said nothing to rasp the devotees to chemical reaction. He invited their earnest and respectful consideration. He showed them just how far bones were implements in treatment, or themselves the agent of disorder. He did not offer to contend that there was no field for medicine. On the contrary he invited them

\* \* \* to search deeply into the merits of the new science.

This seemed to be an unexpected sort of opening to the battle. It was manifestly taking the prosecution at a disadvantage. Medicine was not prepared for a clash of merits. It was to have been a public conviction, scourge and exhibition in the pillory without the trouble of freeing the court of an impeachment. Dr. Sullivan had been so courteous, so respectful, so frank, and so unexpectedly forcible that it was instantly plain that the whole tactics of their plan had to be altered. The argument of both Dr. Dorsey and Prof. Coe had been anticipated and squelched. However, Dr. Sullivan's statements were not to go unanswered; Dr. Archibald Church, editor of the Medical News, realizing that his subscription list might be affected were he not to say something upon this occasion took up Dr. Sullivan's statement about degeneration following along certain tracts in case of lesion in the splanchnic nerves, by explaining that intercostal nerves did not get inside the ribs for their fine work at all—that they are motor nerves wholly. The Osteopath set the doctor right by reminding him that he made no reference to "intercostals" and that his statement concerning interruption of function in the splanchnics was that it was referable to disorders throughout metabolism.

Dr. Ridlon, the orthopedic surgeon, then got into action by reciting what he knew of the case of Mr. McConnell whom Osteopathy claimed to have cured of "incurable" lameness by setting a hip dislocation. He declared that after a residence in Kirksville of some weeks, enjoying a change of air and water, the patient was better for a time, but it was plain THE AIR AND WATER DID IT. Dr. Sullivan replied that if atmosphere, water and surroundings could set a hip in twenty minutes the old school ought to bottle the ingredients and use them for prescriptions. Dr. Ridlon said that after seeming to be well again Mr. McConnell found his hip out of joint occasionally but after some experiment that his wife could give the Kirksville "twist" and set it quite as effectually as the graduate diplomates. This awoke a roar of laughter. Dr. Sullivan replied that this in the main was correct and that so simple and full of common sense was the Osteopathic cure for lameness which had baffled surgery and medicine that when once explained, Mrs.

McConnell could right the wrong whenever this peculiar hip got into its abnormal position. Such things as this set the medics into profound meditation. Dr. Wilbur Smith then spoke. Dr. Sullivan had said micro-organisms cannot exist in healthy tissue. Foremost among the Medicine experts who rallied against this was Dr. McArthur who branded the Osteopathic contention as unsound. He said that serum, being the best medium for cultivation of bacteria, "any old blood stream" was a first rate incubator for germs. Dr. Smith went into this point at some length. He said there must be a lowered vitality before the "soil" suitable for the development of micro-organisms is produced. He showed that serum alone is a medium; that antagonistic principles to bacteria exist in white blood corpuscles and that the red corpuscles are aseptic, containing sulphur and iron and that if all these constituents are present in the blood in entirety that micro-organisms cannot exist.

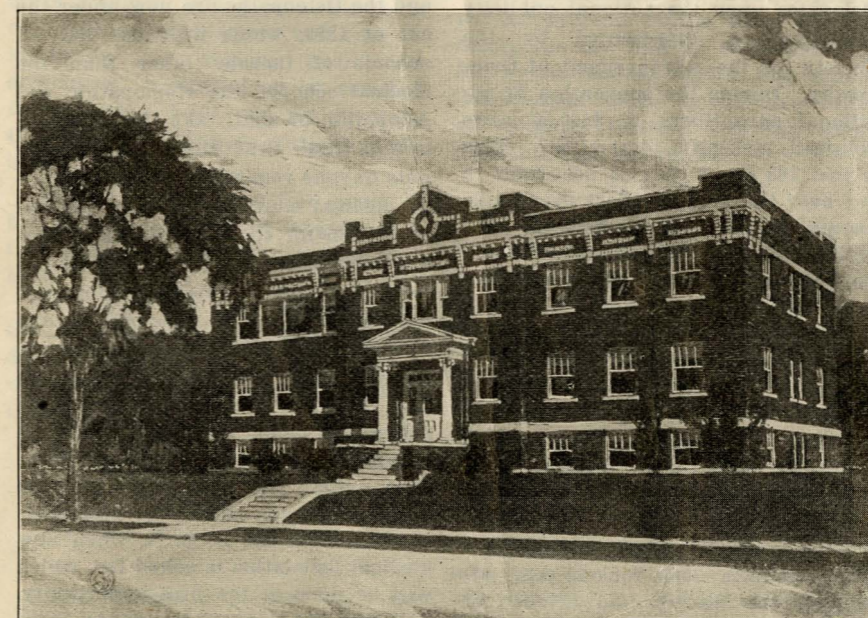
"Then how is it that vaccination will take?" asked Dr. McArthur. "That is the breeding of germs in blood supposed to be normal in most cases." "In about half the cases vac-

ination does not take," answered Dr. Smith, "and whenever it does, congestion sets up and there is had hyperemia—a bombardment of red corpuscles to blow congestion from its foothold. With congestion there is an exudation of serum and then and not until then does the development of micro-organism take place." Further weak comment was offered by a Doctor Cook, of Mendota, and Professor Coe, but eventually the Medics capitulated, not, however, before the situation had become quite painful and it seemed courtesies might at any minute be ruptured by personal taunt and unbridled sarcasm. But they weren't. Dr. McArthur accepted the olive branch which Dr. Sullivan had offered at the commencement of the strife by saying that "there was doubtless some good in Osteopathy—how much he was not prepared to say—but he commended the curriculum prescribed at the American School of Osteopathy and thought the instruction given in the branches laid down ought to fit a man to do some good in the world. A knowledge of materia medica Dr. McArthur ventured, was the only thing an Osteopath would lack to make him really competent. He said this with a smile, a bow and gracious

good humor, and the session came to a close.

Dr. Sullivan in discussing this occasion comments that when he and Dr. Smith were passing down Van Buren street to their station, they passed two greybearded medics who had been present; they overheard one to say to the other, "Whoever let those——in tonight?" This sums up just how much credit for Osteopathy was developed among the M.D.'s present at that meeting. That they were entertained, it remains for you to believe; but we know in the twenty-three years that have passed from that meeting until today, the medical world has come to respect and realize that Osteopathy is a principle which will never die, and whether or not it continues as it should, depends wholly upon its disciples. The "Old Guard" did not find it a bed of roses, but they fought for the Truth, and we are still pioneers. Fight on!

Dr. Wash Connor, of Kansas City, and his good wife enjoyed the convention at Cleveland, and puffed up like a pouter pigeon every time his grandchildren were mentioned.



## The Laughlin HOSPITAL

Kirksville, Missouri

The Laughlin Hospital of Kirksville, Missouri, has just been completed and is now ready for your patronage. The hospital, which was built at a cost of over \$50,000, is a modern fireproof structure of forty-two rooms. Thirty-five of these rooms contain beds for patients. The building is built of the very best material and has every convenience that can be put in a hospital of this size. An electric automatic elevator has been installed, which means a great convenience. There are two operating rooms, one for general surgery and the other for orthopedics.

Dr. Laughlin and his associates will do an osteopathic and general surgical practice. Dr. Laughlin has secured competent assistants to help him in the various departments, of which there are the following:

- |                |                     |                    |                                   |
|----------------|---------------------|--------------------|-----------------------------------|
| 1. Osteopathic | 3. General Surgical | 5. Gynecology      | 7. Proctology and Urology         |
| 2. Orthopedic  | 4. Obstetrics       | 6. Nose and Throat | 8. X-Ray and Laboratory Diagnosis |

A Training School for Nurses will also be maintained, with a separate building for the nurses' home

For further information address

**DR. GEORGE M. LAUGHLIN**

**Kirksville, Missouri**

## OPERATORS

Probably the chief center of attraction at the convention was Mr. Phillip Gray, who gave the Detroit Osteopathic Hospital to the profession. Mr. Gray spoke before the meeting of the Osteopathic Hospital Association on Sunday, and before the general convention on Friday. I only regret that every Osteopathic Physician in the country was not there to hear him. I honestly believe that he is far more Osteopathic than many of our physicians. Being approached by a young Osteopathic physician who by-the-way is a strong advocate of Osteopathy, but who has felt the call of the desire to become a surgeon and is now completing his four years in a Class A medical school, on the subject of affiliating himself with the Detroit Osteopathic Hospital as surgeon, Mr. Gray inquired, "Why do so many of the Osteopathic Physicians wish to operate? I thought the office of the Osteopath was to prevent operations, rather than perform them." Mr. Gray is right. While the Osteopathic Physician recognizes the need of surgery, he does not desire to perform it until after every means by Osteopathic measures have been exhausted to prevent same. While visiting the Detroit Osteopathic Hospital, I was permitted to read a letter of inquiry by a Missouri Osteopath who wished to do surgery and he had enumerated many wonderful things he could do, but search as we could, we could not find wherein he had mentioned Osteopathy among them. Either many of the profession are looking for "easy money" using his Osteopathy degree as a "come on," or they are kidding themselves. Granted we do require and we want some Osteopathic Physicians who are fully equipped to do Surgery, still it would appear the supply is becoming greater than the demand. Let's stick to our own line, and he who knows it and knows it well, will not be required to look elsewhere for fields of labor. Only last evening, while attending a patient, he mentioned having been attended by a prominent Osteopathic Physician of our city, but commented further that the physician had gone into Orificial Surgery, and he was afraid the doctor was doing too much of it, as the attention he had been receiving was not as satisfactory as that which he had been formerly administered. The desire for Osteopathy is so great we need not practice anything else, providing we really know Osteopathy.



DR. HAL W. SHAIN,  
Retiring Manager of Circulation, Trustee of Chicago College of Osteopathy.

## PUBLICITY

The Osteopathic profession are changing their ideas somewhat on the matter of Publicity, witness the unanimous endorsement of the House of Delegates upon the national publicity campaign as represented by the Society for the Advancement of Osteopathy. During the convention 93 additional subscribers of \$100.00 were obtained, making a total of 337. This is just 163 fewer than is necessary to put over the biggest effort ever made for placing Osteopathy before the public in a legitimate advertising medium. No magazine of wider circulation could be obtained; the material to be printed is to be edited by a committee of our representative Osteopathic Physicians, including Drs. Woodall and McConnell, assuring only the best that should go before the public. The Saturday Evening Post is read weekly by 3,000,000 people in United States and Canada. The project to be initiated will provide for an article each week, for one year, advancing the history and science of Osteopathy. It is something that will benefit every practicing Osteopathic Physician, no matter where he is located. You cannot afford to be other than among those supporting this society. Communicate with Dr. H. M. Walker, Secretary, Fort Worth, Texas, and send him your subscription AT ONCE.

THE ILLINOIS LAW AS REGARDS  
THE CHICAGO COLLEGE OF  
OSTEOPATHY

The Medical Practice Act of 1919 in the State of Illinois has been killed, and the Osteopaths are now under the act of 1899, which provides that all schools of therapy other than the Medical schools, the Homopathic and Allopathic or shall take the examination as Other Practitioners. This permits anyone regardless of preliminary or medical education to take the examination for the O. P. license. This is a boom to the individual who wishes to accept such a standing. However, regardless of these possibilities, the Chicago College of Osteopathy has not in any respect accepted the advantage thus offered. The standard of the college is being retained in toto as though the Act of 1919 were in effect. This action has been taken by the board to permit asking for standards acceptable to the A. O. A. when new medical legislation is asked for, which will be done at the first opportunity. And with the retained standards, there are already some sixty enrolled for the freshman class this fall, which promises to be the largest in the history of the college.

Educate the Educators.

—Drinkall.

## Another Book by Dr. Deason

Another book has been added to our professional literature making our position just that much stronger.

We congratulate Dr. Deason upon the writing of this excellent book covering a very important phase of our practice.

The book is of 240 pages, cloth binding and selling for just a tit over cost, at \$2.50.

Dr. Deason has divided the subject into fourteen chapters and beginning with the Causes of Disease as given by Dr. A. T. Still and applied particularly to this class of disease, thence to Infection and Intoxication, then to Principles of Treatment, Lymph Drainage of the Head and Neck is thoroughly covered, and the Applied anatomy of the Ear complete the pre-disease part of the book.

Diseases of the Ear, Catarrhal Deafness, Diseases of the Inner Ear, the Nasopharyngeal tract, Diseases of the Nose, Diseases of the Oropharynx, Voice Impairment, Nerve Affections of the Head, and Methods of Treatment complete in the book.

Dr. Deason states in the introduction that the reader is expected to make frequent reference to his texts on anatomy for pictures and cuts illustrating the various anatomical structures. Descriptions of surgical technic have been omitted, because they can be found in various other books.

Dr. Deason has rewritten some of his former articles of research in this subject and they are used in this book.

We believe the book should be in the hands of every practitioner whether doing general or special work for it will aid all to do better work.—Drinkall.

## CLINIC DEPARTMENT

Lillian Whiting, chairman.

While "Brigham Boosts" are still coming in from the Northwestern "Circuit" our genial Doctor Whiting is preparing to make the entire Western Association Circuit. The Societies have anxiously awaited this treat as they voted our "Leading Lady" a "pass" from the beginning.

—"Team Work."

AMERICAN MEDICAL LIBERTY  
LEAGUE HOLDS ANNUAL CON-  
VENTION IN OCTOBERWE MUST JOIN WITH THEM IN  
FIGHTING MEDICAL CZARS

Chicago, Sept 5, 1921.—Osteopaths who rebel against longer wearing the yoke of the allopathic medical trust, fastened upon the public and all drugless healers by state supported medical schools, state medical examining boards, and medical boards of health, are planning to take an aggressive part in the convention of the American Medical Liberty League here during the last week of October.

Having declared war on the allopathic medical monopoly, the League will mobilize its forces at the convention and draft a fighting campaign for the coming twelve months. More than 500 delegates, representing over ten different systems of drugless healing, allopaths who disapprove of the oppressive tactics of the dominant faction of their system, and many neutral laymen, are expected to attend.

These Leaguers are determined to replace doctors on health boards with sanitary engineers, lift from the shoulders of the people an enormous burden of taxation for medical graft, put all systems on an equal footing before the law and let each stand or fall by its healing record, and establish medical liberty on the same basis as religious liberty, with the same constitutional guarantees.

Dr. Ruth Watson, of Hot Springs, Va., is fighting for Osteopathy. As you may know, Hot Springs is a famous resort, and there is little else there but resort. However, the resident medical doctor has tried through every method to exclude every one but himself. He has successfully eliminated the Homeopathic Physician who functioned there, and his every effort is now to do likewise with Dr. Watson. She refuses to be eliminated. Patients who have visited the Springs, and have been attended by Dr. Watson are very much pleased with the service she has given. We can all help her by advising our patients going to Hot Springs to encourage the management of the Hotel to favor Dr. Watson, to advise him that they feel she is an asset to the institution, and the fact they can have Osteopathic attention while there is one of the attractions of the resort. Let's lend a good word for the cause.

Proof of the Historic  
Precedence of  
Osteopathy

The simple presentation of osteopathy contained in "The Osteopathic Catechism" (which has been reissued as the October number of "Osteopathic Health") was one of the earliest popular statements of such length put out by the osteopathic profession to educate the public. It received the unqualified endorsement of Dr. Andrew Taylor Still, founder of osteopathy, who said it gave a very fair idea of osteopathic fundamentals to the lay reader. It was written in 1900 and was copyrighted and first published for the profession by this publishing house in 1901.

Its clear exposition of the origin of disease through occurrence of the tissue-lesion and of the curing of disease by making adjustments within the body possesses historical value today as proving that osteopathy was the original pioneer system of adjustive therapy. Various counterfeit systems have since sprung up which imitate osteopathy's principles and practices, yet without having made any observable modifications of "Dr. Still's backbone lesion osteopathy" as here so clearly outlined twenty years ago—long before such imitators had gotten started! Yet Doctor Still had been practicing, developing and proclaiming his revolutionary system of manipulative therapy for twenty-seven years when this article made its appearance in 1901.

A companion article, entitled "Most Diseases Are of Spinal Origin," which was also copyrighted and printed the same year under the same auspices, affords, in conjunction with this "Catechism," the most absolute historic proof of osteopathy's precedence as the pioneer science and art of adjustive healing because both articles tell exactly what osteopathy is and is not, as was taught by its founder from the beginning. Both were written purely for public instruction, received the endorsement of the founder of osteopathy, and bear the U. S. copyright date of 1901.

This "Osteopathic Catechism" has run through eight subsequent editions and nearly three-quarters of a million copies have been distributed.

All interested persons in the United States and Canada ought to be able to read this historic document and get set right as to osteopathic priority. Tell the public about it through your local newspapers. Send a copy of the "Catechism" to every patient you ever treated. Why not lay down the trump cards when you hold them all in your own hand? How many "Catechisms" will you use?

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## EVERY HUMAN SPINE DEFORMED\*

Earle Scanland Willard, D. O.  
New York City

Do you know, thoughtful reader, that the facts pertaining to the crux of evolution are all related to the anatomy of the spine? And do you know that certain facts regarding the structural development of the human spine are the very facts that Darwin himself overlooked?

Perhaps you have never thought of this, and if you have never heard it mentioned before, the entire blame for not spreading the information rests upon Osteopathic shoulders, because I put this matter before the Osteopathic profession many years ago. And it was up to them—to the men who pose as spine specialists—to spread the true facts about the spine.

But these men have apparently suppressed the truth. They have never incorporated these facts in their textbooks or taught them in Osteopathic colleges.

Although the facts my researches brought to light were published in the leading American newspapers and widely circulated a decade ago; also they have received favorable comment from the best-known medical authority on the spine. (Alfred Abrams, Spondolotherapy, 1913.) While rival schools of spinal therapy have made free use of them in advancing the cause Osteopathy failed or refused to further, for my researches were neglected by the Osteopathic profession. They have ignored the facts as though they did not exist.

It is the history of medicine, and it is the history of Osteopathy, that the leaders and teachers of the profession never accept new discoveries until forced to do so. The conservatism that has kept Osteopathic teachers from accepting these facts is the non-progressive spirit found in colleges and universities everywhere, keeping them a generation or more behind scientific development.

To go back to the beginning: A malaligned vertebral eminence has always been a guide to the backbone specialist. It has guided him to the seat of vital disturbance. But this sign which the Osteopath once looked upon as unerring has lost much of its meaning for him.

\*Caption of my restatement of Osteopathic fundamentals published in the September and October American Osteopathic Association Journals, 1912, research numbers for that year.

Instead of going deeply into the anomalous structural development of the human spine, he has given the matter nothing more than superficial investigation. Today the Osteopathic authority on spinal therapy warns his colleagues against "the lent spinous process." He tells us that he himself was once deceived by it, so he warns his brethren that they, too, may not be deceived; that they, too, may not base their diagnosis of spinal lesion upon indications found in an asymmetrically developed vertebra.

But as I pointed out, first in the March, 1909, A. O. A. Journal, and later in the September, 1912, issue of that same official publication, nature has not set a trap for the true exponent of the vertebral lesion. On the contrary, nature has set danger signals to warn us all. For the malformed, malshaped vertebra marks the exact spot where an active spinal lesion will sooner or later develop and implicate the nervous and organic systems. But the Osteopathic profession neglected to make any practical application of my findings at all.

And so it has happened that an eminently qualified medical authority is verifying my findings. He has proved in every cadaver dissected that my research work was practical and sound. I refer to Dr. Henry Winsor, medical graduate of the University of Pennsylvania, and for eleven years special dissector for Piersol's great textbook of anatomy.

Dr. Winsor has dissected and observed in detail the various vertebral lesions as they actually occur. He has dissected each individual vertebra in a number of spines, noting carefully and thoroughly the associated organic disease from which the victim suffered. And in every cadaver dissected, without exception, the diseased organs are related physiologically to diseased, misshapen lesioned vertebrae. While the nervous connections of the healthy organs trace through direct or reflex pathways to vertebrae that are perfect or symmetrical in their conformation. **But as already stated, every diseased organ traces back through its spinal connections to a malformed, maldeveloped, lesioned vertebra.**

This is indeed significant, and is clearly a vindication of the position I have all along maintained. Dr. Winsor's researches and my own findings may be summed up in the following definition of a vertebral or spinal lesion.

**A vertebral lesion is any involve-**

**ment of the intervertebral tissues, usually accompanied by tissue perversions immediately adjacent to the vertebra, that sooner or later becomes active through subluxation or other causes and initiates, augments or maintains functional disturbance or disease.**

The ultimate cause of such a lesion is not definitely known. In every lesioned vertebra, however, except the atlas, which has no intervertebral discs, certain morbid changes are found in the disc immediately below the lesioned bone. Where the centrally placed nucleus pulposus, a remnant of embryonic life in the intervertebral disc, is always displaced laterally. **And equally constant, and far more important, through gradual maldevelopment the lesioned vertebra itself presents a characteristic, asymmetrical conformation.**

What Osteopathic conservatism has done in my own case it has done in hundreds of similar instances. Other original developments, some of them more important to true Osteopathic development than my own findings concerning the spine, have also been spurned.

**This state of things exists in the profession Dr. Still founded because Osteopathic leaders and teachers are being influenced more strongly by the backward pull of medical tradition than by the forward urge of honesty and truth as exemplified in the life work and teachings of Dr. Andrew Taylor Still.**

To prove to you that what I say is absolutely true, I cite the following: Recently a senior student, an intern in one of the leading Osteopathic college hospitals, when a patient I had put in the hospital for treatment asked him to adjust her lesioned cervical vertebrae, replied in substance as follows:

"The principles of vertebral adjustment as enunciated by Dr. Still are exploded. We have outgrown the primitive methods of the founder of our science. Today we are physicians in every sense of the word, and when spinal treatment seems indicated we carefully manipulate the spinal tissues, for we are too well equipped to have to rely upon the crude methods that Dr. Still and his early followers taught and practiced."

Now this is merely one example. I could cite many that have recently come under my notice of the dangerous propaganda being waged against Dr. Still's loyal followers.

Vanity and conceit are to be found in every one of us. And the student who is specially vain and conceited falls an easy victim to the kind of overbearing nonsense such as the intern I quoted had apparently listened to in the class room. To elaborate such a theme is to plume his fine feathers. Consequently today the number of Osteopathic physicians and surgeons, underdone Osteopaths and only half-baked medical doctors, is ever increasing.

These men and women reflect credit to neither medicine and surgery, nor to Osteopathy. They are neither one thing nor the other. And worst of all, they are every day of their lives helping disintegrate the Osteopathic profession.

As I see it, there is but one remedy and that lies in teaching the student the true facts concerning the spine. Rival schools of practice are doing this. The researches I made years ago are today taught in certain chiropractic colleges. And there can be but one reason for Osteopathic leaders and teachers refusing or failing to do the same. They do not want to be spine specialists like Father Still. Instead, they would rather ape their

medical neighbor. If this is not the explanation, why, then, in the name of Father Still, do they suppress the truth about the spine? Will some one please answer this?

The Kansas City College of Osteopathy and Surgery, one of the Osteopathic Colleges "not for profit," is making a drive to bond their institution to secure the necessary financing at this time. They are offering excellent security, and it does seem there should not be one Osteopathic Physician, and certainly not one who is not already assisting some other Osteopathic institution, but who can purchase at least one \$100.00 bond; the bonds carry 7 per cent, and run for 15 years. We heartily endorse this effort, and wish the K. C. College every success.

Dr. Mary Walker, of Kansas City, Mo., lovingly known to the profession as "Grandma" Walker, is to be congratulated upon the arrival of a great grand-daughter; born to Mrs. and Mr. Walker Newberry, of Chicago, Ill., on August 4th, 1921.

## CHICAGO COLLEGE TO HAVE POST-GRADUATE COURSE

Life Members Attend Without Cost

The Chicago College of Osteopathy will conduct a special post-graduate course from September 12th to the 24th, a most opportune time for many of those in the Field to attend, and a very fitting climax to a vacation.

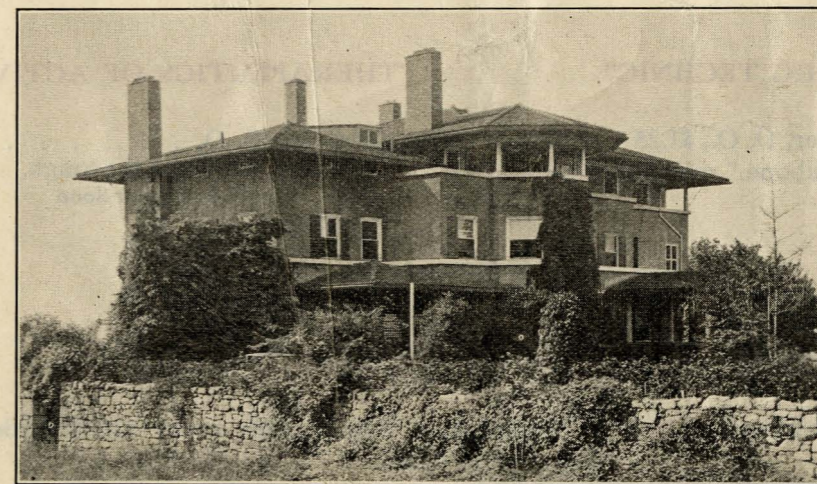
The tuition is small, being only \$60 for the two weeks period, but it is a 12% dividend to the Life Members. Life Members are those who have paid \$500 into the corporation, and I doubt if any in the profession are receiving a 12% dividend upon their investments. Life members do not pay the tuition on any post-graduate course and the cost of the course is thereby a dividend.

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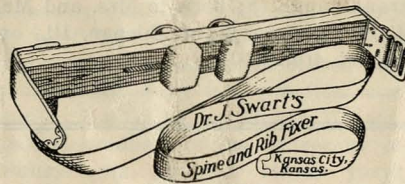
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