

OT wins war

THE Athletic Training Student Association hosted its second annual pop tab war during Athletic Training Month in March. All tabs were donated to the Ronald McDonald House in Phoenix in the name of ATSU-ASHS' Occupational Therapy program, who collected 101 pounds, 2 ounces of tabs. The Ronald McDonald House assists families with children recovering from illnesses.



OT students claim victory in the pop tab war.

OMS applications reach record highs

Inside OME, AACOM News

APPLICATIONS to U.S. COMs have reached record highs again this year. Application numbers reflect a six-year period during which several new COMs have been built, and thousands of additional potential medical students have applied to enter one of the fastest-growing healthcare sectors.

Some 11,650 individuals are hoping to fill one of 4,462 total fall 2008 seats available at the nation's 25 COMs and their branch campuses, compared with last year's record-setting 11,459. The growth represents an increase of more than four percent over this point in the application cycle last year.

May events

- May 2** KCOM Still-Well Barbecue
- May 8** ASHS Spring Recruitment Fair
- May 15** KCOM SAA Banquet
- May 16** KCOM Awards Banquet
- May 17** KCOM Commencement Ceremony
- May 26** Memorial Day
- May 30** End of ASHS Spring Quarter

food for feedback!



StillNews Readership Survey

Enter for a chance to win a free large pizza and drinks.
Survey closes June 15, 2008.



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Our Mission

Consistent with the University's heritage as the founding school of osteopathic medicine, the mission of A.T. Still University is to educate students to become competent healthcare professionals who continuously develop and demonstrate compassion, integrity, and ability, while advancing osteopathic principles and philosophy. The institution is committed to scholarly inquiry that anticipates and addresses society's healthcare needs. The University encourages its constituencies to become leaders in improving community health and wellness with a comprehensive appreciation of the interaction of body, mind, and spirit.

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stillnews

April 2008

A.T. STILL UNIVERSITY | ATSU

Your Healer Within® visits Kirksville

ACTING President Jack Magruder greeted faculty, staff, and students during tours of the Your Healer Within® exhibit on March 26.

After a nationwide tour, a stop in Mesa, stays at the Smithsonian Institution and other major U.S. science centers, the exhibit returned to Kirksville on February 16 where Hollister Incorporated hosted the exhibit through April 19.

Your Healer Within® encourages visitors to not only see and hear, but to touch, listen, learn, and become actively engaged in improving their health. The exhibit gives visitors knowledge to optimize their body's own self-healing abilities.

According to A.T. Still, M.D., D.O., "The best doctor is one who can help Nature cure itself." Acting President Magruder echoed the father of osteopathy when addressing the exhibit's attendees: "This exhibit helps us all know about our own body and our own healing."



Still National Osteopathic Museum Director Jason Haxton, MA, and several visitors are projected into the virtual world of a white blood cell in the game "Cell Warrior."



Acting President Magruder and wife, Sue, visit with their daughter and grandson at the exhibit.



Your Healer Within® includes interactive large-scale brain and dissected human nervous system models, a virtual skateboard balance challenge, and HDTV wellness theatre.

Seniors challenged by Nintendo Wii

WHEN presented with the opportunity to play video games while teaching seniors at Apache Junction Senior Center about wellness, a group of 20 PT, OT, PA, ATC, Au.D., and D.O. students immediately rose to the challenge.

According to the center, less than 10 percent of their population was involved in health and wellness programs. Turning to ATSU for help, a group of students developed and implemented a “Wii-hab” program that has since increased wellness participation at the center.

The “Wii-hab” program uses the Nintendo Wii gaming system, which uses motion-sensitive controllers that allow gamers to move in real time and space to control movement on a video screen. This allows seniors to participate in physically and mentally engaging activities such as bowling, baseball, and tennis without leaving their homes.

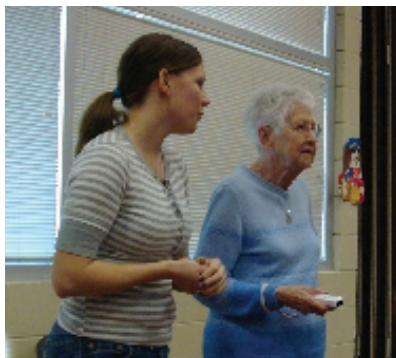
According to Assistant Professor Elton Bordenave, M.Ed., CHC, Arizona Campus committee chair for the

Program on Aging, the social component of the gaming system has made it a popular and effective tool within the senior population.

Students experienced its social effects first hand. “We set up Wii bowling on a 30-foot projector screen and had surprising results,” Charlie Hansen, student co-chair of the Wii committee said. “At first, only a few would try it, but eventually 20 to 30 people tried.”

Wiis are showing up in nursing homes and rehab centers across the nation. With the potential to improve range of motion and muscle strength without overexertion, “Wii-hab” combines fun, exercise, and social activity in one.

Students have visited the center two to three times a month over the past three months. “The feedback from the center has been rewarding because the program has made such an impact there,” Wii committee student co-chair Thomas Webb said.



PT student Andrea Schippers, class of 2010, shows a senior resident the Nintendo Wii controller.



OT student Tonya Doty, class of 2009, teaches an Apache Junction Senior Center resident to bowl on the Nintendo Wii.

Students moved by Wii's results



“Playing with and watching them play has been a real learning experience for me. I am truly impressed with how well they did and how willing they were to participate.”

Charlie Hansen
Physical Therapy, Class of 2010



“It’s exciting to see how eager some individuals are to try this new activity we are teaching them. It’s exciting to see their enjoyment.”

Thomas Webb
Physical Therapy, Class of 2010

body mind spirit

Osteopathic Fun Run

KCOM's Student Advocate Association hosted its 30th annual Osteopathic Fun Run/Kid's Run on April 12. All race proceeds benefited the American Cancer Society.

Brad Chambers and Diana Ramer received trophies as top male and female finishers in the 5K race, and John Richardson and Katie Marshall received trophies as top male and female finishers in the 10K race. Medals were awarded to top division finishers.



St. Patrick's Day Run

ATSU's 24th annual St. Patrick's Day Run took off at the Dukum Inn in Kirksville on March 15. The 5K race and fun run/walk raises funds for the Northeast Missouri Association for Citizens with Disabilities. Columbia resident Tony Rigdon received the trophy for fastest overall male, and Hannibal resident Marissa Brown won for fastest overall female.

Student research presented

ELEVEN KCOM students presented basic science and clinical research projects on March 25, sponsored by the SGA Research Committee and the Biomedical Sciences Graduate Program. "There is a growing interest in research among students, and they have such varied research backgrounds," Erin Klatt, MS II, event co-director, said.

Kent Lofley, OMS III, MS I, Hollister Fellow; Chad Andicochea, OMS I; Michael Paddock, OMS II; Vicki Moscardelli, MS, OMS I; Mark Steehler, OMS I; Matthew Wessner, MS, OMS I; Jason Meler, MS, OMS II; Carl Giacchi, MS, OMS II; Jason Crellin, OMS I; Gregory Millman, MS II; and Abigail Alviar, MS, OMS I, answered questions regarding their research as faculty, staff, and students observed the exhibits.



Meet Ms. ATSU

STAGED at the amphitheater, five contestants competed at the Ms. ATSU Pageant on April 4. Kristina Malijan, physical therapy class of 2010, Ashley Shapley, occupational therapy class of 2010, Samantha Arrow, physical therapy class of 2010, Andreina Ramones, dental class of 2011, and Lauren Companioni, dental class of 2010, competed in formal wear, question/answer, sportswear, and talent categories.

As second runner-up, Arrow wowed the audience during the talent portion of the show with a short ballet performance to “Blue Bird Variation” from Sleeping Beauty. First runner-up Ramones danced to “Material Girl” by Madonna accompanied by male backup dancers. Companioni performed “The Evolution of Dance” from YouTube with additional choreography to modern songs, earning the Ms. ATSU title. Malijan performed to an 80s and 90s dance mix, and Shapley performed the Napoleon Dynamite dance. The top three contestants each received a cash prize.



Ashley Shapley, Samantha Arrow, Ms. ATSU Lauren Companioni, Andreina Ramones, and Kristina Malijan.



Provost Craig Phelps, D.O., '84, and Associate Provost O.T. Wendel, Ph.D., display their scooping talents at the ice cream sundae bar.

Thank-you luncheon

ARIZONA Institutional Advancement held a thank-you luncheon on April 2 for faculty and staff who donated to the annual Leadership Campaign held in late 2007. ATSU Provost Craig Phelps, D.O., '84, and advancement staff personally thanked individuals for their contributions. A barbecue lunch and ice cream sundae bar were provided for more than 90 attendees.

NRMC in top 100

Northeast Regional Medical Center was selected for the Thomson Top 100 Hospitals National Benchmark Award. The Kirksville hospital was recognized for excellence in patient care and was highlighted in the March issue of Modern Healthcare. The official award will be presented June 5 in Colorado.



snapshots

Class of 2010 honors Dawson

BECKY Dawson, education and development services, received a plaque from Curtis Neilson on behalf of the Class of 2010, reflecting their appreciation for her dedication and tireless efforts on behalf of KCOM students. Dawson's last day at KCOM was March 31. "Becky always worked to balance the best interests of students and faculty, and we all appreciate her efforts and dedication," said William L. Sexton, Ph.D., department of physiology.



Curtis Neilson, class of 2010 president, presents Becky Dawson with a plaque of appreciation.



Charles Spalding, D3, and Erik Smith, D2, visit one of 47 dental vendor exhibits.

Dental Vendor Fair

THE Arizona Student Dental Association hosted the Dental Vendor Fair on March 12, and 47 vendors attended. The fair is a fundraiser for the student organization.

White coats & whitetails

KIRKSVILLE, Mo., known around the world for educating top-notch D.O.s is also a prime spot for hunting whitetail deer. Kirksville took top honor in *Outdoor Life* magazine's "Top 10 Whitetail Towns." The April issue features this special list for whitetail deer hunters.



CASA swear in

ELEVEN KCOM students were sworn in by Adair County, Mo., Circuit Judge Russell Steele as Court Appointed Special Advocates on March 3. CASA promotes the best interests of abused and neglected children in the juvenile court system. "CASA provides a great opportunity to do truly meaningful volunteer work," Bradley Scoggins, OMS I, said.



Bradley Scoggins, OMS I, receives his CASA pin on March 3 from Adair County CASA Director Sandy Richardson.



Mike Paddock, MS, OMS II

Dr. Head, Paddock make AACOM presentation

JANET A. Head, Ed.D., RN, AACOM-NAO liaison, AHEC director, presented with Mike Paddock, MS, OMS II, ATSU-Missouri SGA president, on April 11 at the 2008 American Association of Colleges Osteopathic Medicine and Association of Osteopathic Directors and Medical Educators joint annual meeting. Dr. Head and Paddock presented on "Interprofessional Practice Preparation."



Fourth annual Lecture on Aging

The fourth annual Lecture on Aging was held April 4. Keynote speaker Sue Levkoff, MSW, SM, Sc.D., lectured on "Integration of Mental Health Services for Older Adults in Primary Care." Dr. Levkoff is associate professor of psychiatry at Brigham & Womens Hospital and Harvard Medical School and associate professor of the Department of Social Medicine at Harvard Medical School.

awards & honors

Haas, Jones receive ADA Scholarships

TWO of this year's 25 American Dental Association Dental Student Scholarships were awarded to ASDOH students in March. Second-year students Jamie Haas and Cassandra L. Jones each received the \$2,500 ADA scholarship for the 2007-08 academic year.

Haas and Jones waited several months before getting the good news. "I was completely surprised to hear I had been selected to receive this scholarship," Jones said. "I am honored and ecstatic to be a recipient."



Jamie Haas, D2



Casey Jones, D2



Hoemberg checks a woman's blood pressure during a blood pressure/blood sugar screening project in Jamaica.

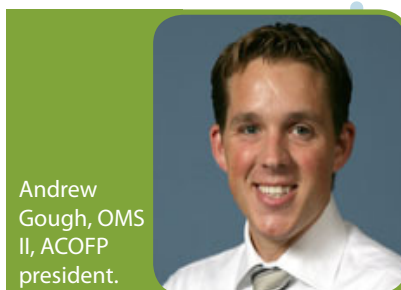
Student D.O. of the Year

LYNDSAY Hoemberg, OMS II, was named Student D.O. of the Year on March 20 by the Council of Osteopathic Student Government Presidents. The Council recognizes one student at each osteopathic medical school who has succeeded academically and philanthropically and who has demonstrated significant student leadership.

Michael Paddock, OMS II, ATSU-Missouri SGA president, presented Hoemberg with the award. "Her involvement at KCOM, in the Kirksville community, and worldwide illustrate the caliber of student and person she is," Paddock said.

ACOFP gets national honor

THE ATSU-KCOM chapter of the American College of Osteopathic Family Physicians received the 2007-08 national A.T. Still Award of Excellence. The chapter was honored at ACOFP's 45th Annual Convention & Exhibition in Denver, Colo., March 12-16. Andrew Gough, OMS II, ACOFP president, was elected national president for the upcoming year.



Andrew Gough, OMS II, ACOFP president.

SHM breaks ground on new \$350,000 facility

THE School of Health Management broke ground on its new facility in Kirksville on March 24. The \$350,000 construction results from a partnership between SHM and KCOM and represents ATSU's continued commitment to the Kirksville community.

SHM's new administrative building will more than double the size of its current facility. "As the School grows, so does our need to grow our space," said SHM Associate Dean Keith Nordmann, M.S. "Due to the flexible nature of online education," he said, "Students are able to take classes around the world as long as they have an Internet connection."

“The demand for qualified healthcare professionals in positions of leadership is indeed rising.”

More than 500 students attend SHM online from worldwide locations, including London, England, and South Africa. Several SHM students currently serve in the military and attend classes in Iraq, Germany, and Japan.

"The demand for qualified healthcare professionals in positions of leadership is indeed rising, and our enrollment and physical expansion reflect that increase," said SHM Dean Jon Persavich, Ph.D., adding that SHM's student body has grown four-fold in the last two-and-a-half years.

The new building will be located just east of ATSU's Thompson Campus Center and is expected to be completed in July 2008.



Acting President Jack Magruder, together with SHM administration, break first ground on SHM's \$350,000 facility on March 24.



Construction continued on April 16 as crews poured and smoothed the concrete floor.



Intramural basketball

Last winter, the ATSU PT/PA student intramural basketball team placed first in their division and competed in the playoffs.

Front row, left to right: Branden Crockett and Juan Jaramillo. Back row, left to right: Tim Bridges, Eric Hefferon, Harvery Brockman, Corey Swartz, and Ryan Monagle. Not pictured: Nicole Nelson and Richard Jordan.

compassion



Easter food drive

ASHS' Occupational Therapy program sponsored an Easter food drive March 12-19. The OT program worked with St. Mark's Episcopal Church and Mesa Public Schools to donate and deliver food to 30 needy families on Good Friday.

Kids brush up on oral health

CREST Healthy Smiles, a community outreach event organized by ASDOH students, offers free screenings, fluoride varnish application, and oral health instructions for kids. This year's event took place March 28 at the I.G. Homes branch of the Boys and Girls Club in Phoenix. Approximately 70 children ages 5-17 attended.

"We try to make it fun and include some games and raffles," said Lauren Companioni, D2. An iPod Shuffle was raffled, prizes of stickers and spin toothbrushes were awarded at game stations, and each child received a goodie bag complete with an age appropriate toothbrush, toothpaste, and floss.

"The kids seemed eager to use their new toothbrushes and had a great time learning how to brush their teeth on the puppets," Companioni said, adding that two CHS events are being planned for next year in light of this year's success.



Shoes for orphan souls



KCOM's Rotaract and Rotary Clubs throughout northern Missouri participated in the "Shoes for Orphan Souls" campaign, organized by Buckner Orphan Care International, a ministry distributing shoes to needy and orphaned children in 55 countries around the world. The Missouri Campus donated new pairs of children's shoes during the last two weeks of March. In the past, shoes donated at KCOM went to orphanages in Guatemala.

ASDOH receives Robert Wood Johnson Grant

WITH a \$200,000 grant from the Robert Wood Johnson Foundation, ASDOH will build on its efforts to improve the recruitment and retention of underrepresented minorities (URM) and low-income applicants, particularly African-American students.

To achieve this goal, ASDOH developed partnerships with several collaborating entities, including the Alabama Medical Education Consortium (AMEC), National Dental Association (NDA), Greater Phoenix Urban League, ATSU-ASHS, and ATSU-SOMA.

“This grant ensures this caring group of students better reflect the racial mix of the communities we serve.”

ASDOH’s key objectives will be to strengthen its infrastructure and offer enhanced cultural training, increase and enhance its academic enrichment and mentoring activities to ensure 100 percent retention of URM applicants, and expand its recruitment/pre-admissions programs to enlarge the pool of qualified URM applicants.



ASDOH received a \$200,000 grant from the Robert Wood Johnson Foundation.

“I am delighted that ASDOH has been selected to participate in the second phase of the RWJ Pipeline Grant, allowing us to further our commitment and effort to recruit a more diverse student population,” said ASDOH Dean Jack Dillenberg, D.D.S. “We have been very successful in attracting men and women who want to work with underserved people, and this grant ensures this caring group of students better reflect the racial mix of the communities we serve.”

Still-Well Distinguished Achievement Award

Eric Snider, D.O., Fred Peterson, Ph.D., Margaret Wilson, D.O., and Dan Martin, M.A., received Still-Well Distinguished Achievement Awards at KCOM’s Still-Well Banquet on March 20.



community

Crystal Awards

THE sixth annual Crystal Awards were held March 28 at the J.W. Marriott Resort and Spa in Phoenix, honoring individuals across Arizona for their commitment and dedication to improving the lives of others through creative and innovative problem solving.

The award ceremony, hosted by Provost Craig Phelps, D.O., '84, and Associate Provost O.T. Wendel, Ph.D., featured a keynote address from internationally acclaimed health policy and ethics analyst Emily Friedman.

Award recipients were: Individual Achievement – Gerald Wissink, BHHS Legacy Foundation; Business – Shamrock Foods Company; Non-Profit – Catholic Healthcare West, Arizona; Public Agency – Governor's Advisory Council on Aging; Civic Organization – Thunderbirds Charities; Media – Angela Gonzalez, *Phoenix Business Journal*; Medicine – Arthur Martinez, M.D., El Rio Community Health Care; Dentistry and Oral Health – Arizona State Representative Linda Lopez; Health Sciences – Debbie Hines, M.A., OTR/L, Ginny Clark-Wright, Au.D., and Tracy Jones, PA-C.



Health policy and ethics analyst Emily Friedman likens the qualities of crystal to the qualities of the evening's award recipients in her keynote address.



Healthcare/Education Leader of the Year Justin Puckett, D.O., receives his Still Spirit Award certificate from Acting President Jack Magruder.

Still Spirit Awards

THE 2008 Still Spirit Awards reception and ceremony was held April 4 in the Connell Information Technologies Center Blumenthal Clinical/Osteopathic Skills Lab. Members of the Kirksville community personifying the community-giving spirit of ATSU's founder were recognized during a ceremony emceed by KTVO News Director Marlene Speas. Acting President Jack Magruder welcomed guests and presented the awards.

Award recipients were Volunteer of the Year Harriet Beard, Business Leader of the Year Alvina Britz, Healthcare/Education Leader of the Year Justin Puckett, D.O., and Community/Government Leader of the Year Kim LeBaron.